A Rare Presentation of Germ Cell Neoplasia: Persistent Müllerian Duct Syndrome

Alp Tuna Beksaç MD\(^1\), Muhammet İrfan Dönmez MD\(^1\), Çișel Aydın MD\(^2\), Dilek Ertuy Baydar MD\(^2\), Mustafa Sertaç Yazıcı MD\(^1\), Ali Ergen MD\(^1\), Bülent Akdoğan MD\(^1\)

\(^1\)Hacettepe University Faculty of Medicine, Department of Urology, Ankara, Turkey
\(^2\)Hacettepe University Faculty of Medicine, Department of Pathology, Ankara, Turkey

Abstract

Persistent Müllerian duct syndrome is a rare form of pseudohermaphroditism. This article is made of two case reports showing malignant transformation. The first case was a 36-year-old male who presented with infertility. Unilateral inguinal mass and undescended testis were found on physical examination. The inguinal ultrasonography reported an inguinal mass on the same side while testicular tumor markers were within normal range. After surgical excision, pathologic examination revealed that the inguinal mass was uterus and intratubular germ cell neoplasm was present in the testis tissue. The second case was a 31-year-old male with 18 cm intraabdominal mass which was noticed during umbilical hernia repair. Physical examination revealed bilateral undescended testes with increased human chorionic gonadotropin levels. Preoperative abdominal imaging revealed a uterus posteriorly of the mass. Excision of the mass and retroperitoneal lymph node dissection were performed after neoadjuvant chemotherapy. Pathology results revealed seminoma of the testis.

Keywords: Persistent Müllerian duct syndrome, seminoma, germ cell neoplasia

Case Presentations

Case 1

A 36-year-old male was evaluated in our infertility clinic. The patient had history of bilateral orchidopexy when he was 4 years old. His repetitive spermogram results were consistent with azospermia. Chromosomal analysis was 46,XY. Upon physical examination right inguinal mass and left undescended testis was detected. Scrotal ultrasonography revealed that the right testicle was in right hemiscrotum with dysmorphic appearance. The mass located in the right inguinal canal was 75x32 mm, heterogeneous, cavitary in the centre and hypervascularized. Left testicle could not be identified by ultrasound. Serum alpha fetoprotein and beta human chorionic gonadotropin (β-hCG)
levels were within normal range. Right inguinal exploration and complete excision of the mass was performed.

**Pathology**

Macroscopic examination revealed a well-formed 5 cm uterus, two fallopian tubes and a 3x3x2 cm testis (Figure 1). A section through the uterus revealed a patent uterine cavity, and short blind ending cervical canal. Microscopically, endometrium was inactive overlying unremarkable myometrium (Figure 2a). Testis contained small seminiferous tubules, some of which contained germ cells with deficient spermatogenetic activity. These germ cells looked atypical with large and hyperchromatic nuclei leading to the diagnosis of intratubular germ cell neoplasia. This conclusion was confirmed via immunohistochemistry that showed OCT3/4 expression in the neoplastic germ cell nuclei (Figure 2b). No invasive tumor was identified. Follow-up imaging at six and twelve months including abdominal magnetic resonance imaging and computed tomography (CT) of the thorax were unremarkable with normal tumor markers.

**Case 2**

A 31-year-old male patient was referred to our hospital due to incidentally detected intraabdominal lesion. Patient was asymptomatic until he underwent surgery for umbilical hernia where the general surgeon noted a mass in the abdominal cavity. Abdominal CT revealed an 18x6 cm pelvic tumor lying superior to bladder and a uterus behind the bladder. Since he had untreated bilateral undescended testes, the mass was thought to be a testicular neoplasm. Serum $\beta$-hCG level was elevated (551 mIU/mL). Followed by tru-cut biopsy in which the findings were consistent with classic type seminoma. The patient was given a 3 course of bleomycin-etoposide-cisplatin chemotherapy. $\beta$-hCG level decreased to normal. He was found to be azospermic with karyotype of 46,XY and he had normal testosterone levels. Per-operatively, inner genitalia was phenotypically female; male organs were unable to be visualized. Uterus, together with pelvic tumor were removed and a template retroperitoneal lymph node dissection was achieved.

**Pathology**

Specimen consisted of 19x6x3 cm lobular mass connected to 8x6.5x3 cm uterus with 9.5 cm long tuba uterina (Figure 3). Gross sectioning through the tumor revealed a white-tan cut surface with a solid, myxoid and lobulated appearance due to irregular intersecting fibrous bands. Gonads were not identified macroscopically. On the light microscopy, the mass was seen to be composed of finely vascular, loose edematous fibrous tissue that was thought to be the scar formation replacing the neoplasia after chemotherapy (Figure 4). It also contained

![Figure 1. Case 1. Small testis connected to uterus by a salpinx](image1)

![Figure 2. Case 1. a) A section from endometrium (hematoxylin and eosin x200), b) Neoplastic germ cell in the seminiferous tubules revealing nuclear OCT3/4 expression (immunohistochemistry, anti-OCT3/4 antibody x200)](image2)

![Figure 3. Case 2. Removed surgical material consisting of a large lobular mass, a tuba uterina (indicated by arrow) and uterus (indicated by asterisk). Inset shows the cut surface of the tumor](image3)
scattered seminiferous tubules without identifiable germ cells. There were epididymis and seminal vesicle attached as well. No viable neoplastic element was present. The uterus and its tubes were unremarkable. The dissected lymph nodes were reactive without a metastatic deposit.

Post-operative recovery was uneventful and the patient remained disease free at 43 months follow-up.

Discussion

Sexual differentiation begins at 7th week in utero under the control of testosterone and MIF. Testosterone is secreted by Leydig cells whereas MIF is secreted by Sertoli cells. Testosterone effects Wolfian structures to form epididymis, vas deferens and seminal vesicles whereas MIF inhibits the default development of female inner genitalia (4). In the case of absent MIF, MIF receptor insensitivity or abnormal MIF secretion timing, Müllerian duct derivatives are observed in phenotypically male individuals. The external genitalia normally develops since testosterone and its activity are not altered (5).

There is a horizontal heritage pattern as PMDS is inherited autosomally recessively. More than one patient within the same family may be affected. Particularly, first degree relatives of PMDS patients should undergo screening particularly if they suffer from undescended testis. Mutations involving chromosome 19 (receptor type 1) and chromosome 12 (receptor type 2) have been reported (3,6).

Undescended testis accompanies PMDS because Müllerian structures block the descent of the testis. Additional genitourinary abnormalities such as hypospadias, penoscrotal transposition, seminal vesicle cysts, renal agensis, horseshoe kidney, ureteropelvic junction obstruction have been reported among PMDS patients (7).

PMDS has 3 clinical features:
1. Testes bilaterally undescended and located intraabdominally at ovarian position with respect to uterus (60-70%),
2. Unilateral undescended testis with an inguinal hernia consisting of testis, uterus and tubes (20-30%) - described as hernia uteri inguinale,
3. Bilateral testes at the same side and located in the same hernia sac together with the Müllerian structures (10%) - described as transverse testicular ectopia (3).

Apart from the increased risk of malignancy (embryonal carcinoma, seminoma, yolk sac tumor, and teratomas) in undescended testis, Müllerian remnants are also shown to undergo neoplastic transformation. The reported risk of malignant transformation is 2-15%. The most common testicular germ cell tumor is seminoma, which represents 50% of cases (8). Therefore resection of the bulky remnants is essential in the management of PMDS. Müllerian duct remnants should be removed when possible. Excision diminishes the risk of malignancy and increases the compliance for orchiopexy (9). However, special care for meticulous dissection should be given to preserve vascular supply of the vas deferens, especially in pediatric patients.

Though virilization is not affected in PMDS, most patients are azospermic (10). However, there are a few individuals who have children (3). In accordance with published literature, both of our patients showed male secondary sex characteristics and their semen analysis revealed azospermia.

We observed neoplastic transformation in both cases. This was in the form of intratubular germ cell neoplasia among PMDS patients (7).

Figure 4. Case 2. The mass was formed by a loose fibrous tissue (panel a) that contained interspersed seminiferous tubules (panel b) (a: hematoxylin and eosin x40; b: hematoxylin and eosin x200)


