Monogenic Diabetes Case Presented with Symptomatic Hyperglycemia and Atypical Mutation

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We report this case to emphasize that appropriate genetic analysis for MODY should be done in young diabetics not coinciding with type 1 or 2 diabetes.

An 18-year-old female patient referred to our clinic with symptoms of dry mouth, polyuria, polydipsia, fatigue, and weight loss (decrease from 58 kg to 51 kg in one month). No chronic diseases or continuous drug usage were noted; her mother had type 2 diabetes. On physical examination, vital signs were stable and systemic examination was normal. In laboratory results, FPG was 261 mg/dL, HbA1C 9.58%, C-peptide 0.9 ng/mL, urine ketone and glucose were positive, blood count and biochemical parameters were normal.

As regards to patient age and clinical findings, pre-diagnosis of type 1 diabetes mellitus was established. We started aspart insulin 3x8 unit and detemir insulin 1x12 unit by monitoring blood glucose; then blood glucose stabilized. Anti-GAD and anti-insulin antibodies measured for diagnosis were negative. Due to absence of autoantibodies and positive family history of diabetes, we performed genetic analysis for maturity-onset diabetes of the young (MODY). Compound heterozygous mutation of Ile27Leu/Ser487Asn in hepatocyte nuclear factor 1α (HNF-1α) gene was detected and diagnosis of MODY3 was made.

MODY3 revealed by HNF-1α defect is the most frequently seen MODY type and composes 50-65% of all MODY cases. Many different mutations were defined in HNF-1α gene and clinical findings may differ according to detected mutation. To our knowledge, for the first time in the literature, compound heterozygous mutation of Ile27Leu/Ser487Asn in HNF-1α gene was detected in our case. The mutation possibly had contributed to the aggressive clinical pattern in our patient.

A Case of Marfan Syndrome Presenting with Transverse Striae of the Back

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Marfan syndrome is an autosomal dominant genetic disorder resulting from fibrillin gene mutation. The connective tissue in heart, eyes, skeletal, lungs, and central nervous system is affected. A girl from non-consanguineous family was referred to pediatric endocrine department because of tall stature, joint pain for six months, and transverse striae of the back. It was learned from her family history that two uncles had tall stature and very long extremities. This 12-year-old girl was born with weight of 4000 g due to LWD findings. Height was 96 cm (3-10p/-1.47 SDS), body weight 15.3 kg (25-50p, -0.43 SDS), the right upper arm was 13 cm, the right forearm 13 cm, the upper left arm 10.5 cm, and the right forearm was 10 cm. The distance between the fingers was 92 cm. Other system examinations were normal. Complete blood count, biochemical parameters, and thyroid function tests were normal. Madelung deformities were observed in the radiographs of the upper extremity. LWD was considered in patients with present findings. Karyotype analysis revealed 46,XX. SHOX (Xp22.3) gene deletion was detected in the patient who underwent advanced genetic examination.

We wanted to emphasize the importance of genetic studies in the etiology of short stature by presenting our case with LWD findings and SHOX gene deletion.

Case Report of Leri-Weill Dyschondrosteosis Caused By SHOX Gene Deletion

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Short stature is one of the most frequent causes of referral to the children’s endocrine outpatient clinics. Short stature affects 2-3% of the general population. The short stature homeobox (SHOX) gene is located in the pseudo-autosomal regions of the short arms of the X and Y chromosomes. Deletions or mutations on the gene cause Turner’s syndrome, idiopathic short stature, and Leri-Weill dyschondrosteosis (LWD). Here, we present a case with SHOX gene deletion detected in a genetic study that was performed due to LWD findings.

A 4-year 3-month-old girl presented to our clinic because of shortness. There was no family history. Her arms were short and curved.

Height was 96 cm (3-10p/-1.47 SDS), body weight 15.3 kg (25-50p, -0.43 SDS), the right upper arm was 13 cm, the right forearm 13 cm, the upper left arm 10.5 cm, and the right forearm was 10 cm. The distance between the fingers was 92 cm. Other system examinations were normal. Complete blood count, biochemical parameters, and thyroid function tests were normal. Madelung deformities were observed in the radiographs of the upper extremity. LWD was considered in patients with present findings. Karyotype analysis revealed 46,XX. SHOX (Xp22.3) gene deletion was detected in the patient who underwent advanced genetic examination.

We wanted to emphasize the importance of genetic studies in the etiology of short stature by presenting our case with LWD findings and SHOX gene deletion.