1. Which of the following is not TRUE for the PCOS?
   a. The etiology of PCOS has not been fully identified in the literature
   b. PCOS was first defined by Stein and Leventhal in 1935
   c. The basic characteristic trait of PCOS is hyperandrogenism as a result of excessive androgen secretion or activity
   d. Hyperandrogenism is the only diagnostic criteria for PCOS

2. What is the definition of PCOS according to Rotterdam criterias?
   a. PCOS is defined with the existence of polycystic ovaries on ultrasound findings
   b. PCOS is defined chronic anovulation
   c. PCOS is defined with hyperandrogenism
   d. PCOS is defined with the existence of at least two of three criteria that are hyperandrogenism, chronic anovulation and polycystic ovaries on ultrasound findings

3. Which of the following nutrient is provide the eliminating of oxidative stress in the PCOS?
   a. Calcium
   b. Vitamin E
   c. Folic Acids
   d. Chromium

4. Which of the following is plasma physiological ratio of MI and DCI in the combined treatment for PCOS?
   a. MI/DCI: 40/1
   b. MI/DCI: 30/1
   c. MI/DCI: 20/1
   d. MI/DCI: 10/1

5. Which of the following nutrients are provide the reducing of increased homocystein levels in the PCOS?
   a. B6 vitamin, B12 vitamin and folic acid
   b. Vitamin E and Vitamin A
   c. N-acetylcystein and bioflavonoids
   d. Chromium and calcium

6. Which of the following nutrients are provide the treatment of hyperandrogenism in the PCOS?
   a. B6 vitamin, B12 vitamin and folic acid
   b. Vitamin E and Vitamin A
   c. N-acetylcystein, carnitine, inositol and omega 3 fatty acids
   d. Chromium and calcium
Answer form for the article titled “The effect of nutrient supplementation in the management of polycystic ovary syndrome-associated metabolic dysfunctions: A critical review” within the scope of CME/CPD

1st Question

A  B  C  D

2nd Question

A  B  C  D

3rd Question

A  B  C  D

4th Question

A  B  C  D

5th Question

A  B  C  D

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A  B  C  D

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