

JTGGGA CME/CPD CREDITING



Answer form for the article titled “The effect of nutrient supplementation in the management of polycystic ovary syndrome-associated metabolic dysfunctions: A critical review” within the scope of CME/CPD

1. Which of the following is not TRUE for the PCOS?

- a. The etiology of PCOS has not been fully identified in the literature
- b. PCOS was first defined by Stein and Leventhal in 1935
- c. The basic characteristic trait of PCOS is hyperandrogenism as a result of excessive androgen secretion or activity
- d. Hyperandrogenism is the only diagnostic criteria for PCOS

2. What is the definition of PCOS according to Rotterdam criteria?

- a. PCOS is defined with the existence of polycystic ovaries on ultrasound findings
- b. PCOS is defined chronic anovulation
- c. PCOS is defined with hyperandrogenism
- d. PCOS is defined with the existence of at least two of three criteria that are hyperandrogenism, chronic anovulation and polycystic ovaries on ultrasound findings

3. Which of the following nutrient provides the elimination of oxidative stress in the PCOS?

- a. Calcium
- b. Vitamin E
- c. Folic acid
- d. Chromium

4. Which of the following is plasma physiological ratio of MI and DCI in the combined treatment for PCOS?

- a. MI/DCI: 40/1
- b. MI/DCI: 30/1
- c. MI/DCI: 20/1
- d. MI/DCI: 10/1

5. Which of the following nutrients reduce increased homocystein levels in the PCOS?

- a. B6 vitamin, B12 vitamin and folic acid
- b. Vitamin E and Vitamin A
- c. N-acetylcystein and bioflavonoids
- d. Chromium and calcium

6. Which of the following nutrients treat hyperandrogenism in the PCOS?

- a. B6 vitamin, B12 vitamin and folic acid
- b. Vitamin E and Vitamin A
- c. N-acetylcystein, carnitine, inositol and omega 3 fatty acids
- d. Chromium and calcium

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1st Question

A	B	C	D
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4th Question

A	B	C	D
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2nd Question

A	B	C	D
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5th Question

A	B	C	D
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3rd Question

A	B	C	D
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6th Question

A	B	C	D
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People who answer these questions will receive “2 TMA-CME/CPD credits”

TMA-CME CREDITING BOARD ENQUIRY FORM

JTGGA MANUSCRIPT 2018/4

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