What is your diagnosis?

53 year-old female patient admitted to Hacettepe University, Faculty of Medicine Department of Urology outpatient clinic with dysuria, swelling in the left inguinal region and severe urinary incontinence complaints. Informed consent was gained from the patient before this study. The patient had stress type urinary incontinence and had a history of midurethral sling operation 10 years ago due to her complaints. Incontinence complaints reduced in postoperative first three months but there was a recurrence afterwards. Patient had hypertension but no other comorbidities. According to the physical examination, there was Grade I-II cystocele and vaginal atrophy. Stress Bonney test was positive and there was erosion in left inguinal region due to the previous sling operation. Ultrasonography revealed abscess formation and mesh erosion in the left inguinal region. There were same findings with the computerised tomography. Afterwards cystometry was performed; the maximum vesical capacity was 637ml and the maximum vesical pressure was 33cmH2O. Simultaneously cystography revealed urine leakage while standing and there were no trabeculations. Uroflowmetry result was normal and there was no residual volume. The abscess formation was thought to be as a result of the mesh inflammation. Mesh excision, abscess drainage and fascial transobturator sling operation was planned for the patient. During the operation approximately 4cm-diameter mass due to mesh inflammation was excised from the left inguinal region reaching to the retropubic area(Figure).
Answer
Stress urinary incontinence is a commonly seen pathologic entity with 13% rate among women aged 19-44 years and 22% rate among women aged 45-64 years. (1, 2) Unfortunately it is an underdiagnosed and underreported medical problem. Stress urinary incontinence can be assessed with physical examination, leak abdominal pressure point and some tests. Patients must undergo basic evaluation with voiding diary, cotton swab test, cough stress test, cystoscopy, postvoiding residual volume and urodynamic studies. There are lots of treatment methods that are used for the treatment of patients with stress urinary incontinence. Basically these methods would be divided into surgical and nonsurgical modalities. Duloxetine is a recent treatment choice as a medical treatment option and studies shown it’s positive effects for the treatment. (3) Physical exercises also have positive effects and must be considered as a treatment option. Apart from these treatment modalities, surgery is also widely used in the treatment of stress urinary incontinence. (4) Pubovaginal sling is a commonly used surgical procedure as it has many advantages. This procedure has an excellent overall success and it is a good option with longer curative rates. (5) Midurethral sling is used more often than pubovaginal sling recently with good success rates as it has become the gold standard for treatment of stress urinary incontinence. (5, 6) Despite the positive outcomes sometimes there would be complications regarding this procedure. Infection, abscess formation would be seen as serious complications. Sometimes these complications would be corrected via excision of mesh.

References