

# JTGGA CME/CPD CREDITING



## Answer form for the article titled “Postoperative pain management in obstetrics and gynecology” within the scope of CME/CPD

### 1. What is the aim of postoperative pain management?

- a. Leaving the hospital the same day after surgery
- b. Influencing the patient's postoperative well-being and reducing the feeling of helplessness and hopelessness
- c. The numeric rating scale is an outdated system and should be abandoned
- d. Reducing the number of sick days

### 2. Which drug does not belong to the non-opioid analgesics?

- a. Paracetamol
- b. Metamizole
- c. Celecoxib
- d. Fentanyl

### 3. What is not a classic side effect of opioids?

- a. Mydriasis
- b. Nausea
- c. Xerostomia
- d. Obstipation

### 4. Which procedure belongs to the regional anesthesia procedures?

- a. TAP block
- b. TIP block
- c. TUP block
- d. TOP block

### 5. What is the aim/part of the ERAS concept?

- a. Monitoring the patient postoperatively for as long as possible
- b. Slow oral food intake with water and neutral liquids for as long as possible in order not to overburden the intestine
- c. Omission of drains, early mobilization, opioid-saving effect
- d. Mainly analgesic therapy with opioids

### 6. What is the correct answer concerning pain management during puerperium and lactation?

- a. The sensation of pain is higher during puerperium than during pregnancy
- b. No analgesics should be given because they are harmful to the newborn
- c. Even if the patient does not breastfeed, no analgesics should be given
- d. Sufficient analgesia is important during the puerperium, because it is a prerequisite for early mobilization of the patient and the avoidance of postpartum thrombosis

# JTGGA CME/CPD CREDITING



## Answer form for the article titled “Postoperative pain management in obstetrics and gynecology” within the scope of CME/CPD

## 1st Question

$A$	$B$	$C$	$D$
-----	-----	-----	-----

## 4th Question

<i>A</i>	<i>B</i>	<i>C</i>	<i>D</i>
----------	----------	----------	----------

## 2nd Question

$A$	$B$	$C$	$D$
-----	-----	-----	-----

## 5th Question

$A$	$B$	$C$	$D$
-----	-----	-----	-----

### 3rd Question

<i>A</i>	<i>B</i>	<i>C</i>	<i>D</i>
----------	----------	----------	----------

## 6th Question

A B C D

People who answer these questions will receive “*2 TMA-CME/CPD credits*”

## TMA-CME CREDITING BOARD ENQUIRY FORM

JTGGA MANUSCRIPT 2020/4

DATE

### TR Identification Number

A horizontal row of ten empty rectangular boxes, each with a thin blue border, intended for handwritten responses.

*This form will not be reviewed if TR Identification Number is not stated.*

Name \_\_\_\_\_

A horizontal row of 15 empty blue rectangular boxes, likely used for input fields or placeholder text in a form.

**Surname**

A horizontal row of fifteen empty blue rectangular boxes, likely used for input fields or placeholder text in a form.

### **Signature**

The City You Work In

## Your Institution

**IMPORTANT NOTE:** You may apply for Turkish Medical Association CME/CPD credits by answering the questions in the front page, filling in your personal information and sending this form to “Abdi İpekçi Cad. No: 2/7 34367 Nişantaşı, İstanbul” by post. This form should arrive to the above-mentioned address latest by February 28, 2021.