

JTGGA CME/CPD CREDITING



Answer form for the article titled “Premenstrual syndrome, a common but underrated entity: review of the clinical literature” within the scope of CME/CPD

- 1. Which one of the following factors is not a common characteristic of premenstrual syndrome (PMS) and premenstrual dysphoric disorder (PMDD)?**
 - a. Symptoms begin in the luteal phase of the cycle
 - b. The symptoms subside after the onset of menstruation
 - c. A detailed medical history of the patients's symptoms is sufficient for confirming the diagnosis
 - d. Gonadal steroids are thought to have a potential role
- 2. Which one of the conditions stated above should not be considered in the differential diagnosis of PMS?**
 - a. Anorexia
 - b. Premature ovarian failure
 - c. Anemia
 - d. Post-traumatic stress disorder
- 3. Which one of the following statements is correct for PMS and PMDD?**
 - a. PMDD symptoms can mimic other psychiatric disorders but exacerbation of the symptoms in the luteal phase is characteristic for PMDD
 - b. Patients with PMDD do not show physical symptoms
 - c. PMDD is more common than PMS
 - d. Only PMS has a cyclic pattern
- 4. Which one of the following medications is not used in the treatment of PMS/PMDD?**
 - a. Progesterone-receptor antagonists
 - b. Exercise and relaxation techniques
 - c. Combined oral contraceptives (COC)
 - d. Selective serotonin reuptake inhibitors (SSRIs)
- 5. Which one of the statements about COC use in PMS/PMDD is correct?**
 - a. Biphase COCs should be preferred
 - b. COCs with second generation progestins are more effective
 - c. COCs can be used continuously for the treatment of PMS/PMDD
 - d. COCs should not be used simultaneously with SSRIs
- 6. Which one of the following statements is not correct for SSRI use for treatment of PMS/PMDD?**
 - a. SSRIs are efficient in reducing symptoms in 60-70% of the women
 - b. Prompt cessation of treatment will cause withdrawal symptoms
 - c. The correct use for SSRIs in women with PMS/PMDD should be restricted to the late luteal phase as the symptoms occur during the luteal phase
 - d. The possible adverse effects of SSRIs are insomnia, nausea, somnolence

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1st Question

A	B	C	D
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4th Question

A	B	C	D
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2nd Question

A	B	C	D
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5th Question

A	B	C	D
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3rd Question

A	B	C	D
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6th Question

A	B	C	D
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People who answer these questions will receive “2 TMA-CME/CPD credits”

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JTGGGA MANUSCRIPT 2021/2

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