



The Effects of Neoadjuvant and Adjuvant Treatments on Anastomotic Leakage in Rectal Cancer

© Nigara Asratova, © İbrahim Ethem Cakcak, © İrfan Coşkun

Trakya University Faculty of Medicine, Department of General Surgery, Edirne, Turkey

ABSTRACT

Aim: Anastomosis leakage (AL) is a major complication seen after colorectal surgery. In the present study, we aimed to investigate the effects of adjuvant (AT) and neoadjuvant treatments (NT) on AL in surgical patients with rectal cancer.

Materials and Methods: The study included 319 patients over 18 years of age who were diagnosed with rectal cancer and received AT or NT treatment with surgical operation between January 1, 2010 and December 31, 2018. Demographic data, tumor staging, metastasis status, organ and lymph node involvement, type of surgery, the presence of AT and NT, the presence of AL, mortality status, and serum carcinoembryonic antigen levels were evaluated.

Results: One hundred seventy-nine (56.1%) of the patients were male, one hundred forty (43.9%) were female, and the mean age was 58.6 ± 13.2 years. Of the patients included in the study, 48.6% (n=155) received AT and 51.4% (n=164) received NT. It was found that 13.1% (n=42) of the patients received only radiotherapy (RT), 10.6% (n=34) received only chemotherapy (CT), and 76.2% (n=243) received both RT and CT (CRT). AL was detected in 23.5% (n=75) of the patients. There was no difference in terms of AL frequency between the patients receiving AT or NT ($p=0.758$). In addition, it was determined that RT and CT had no effect on the development of AL ($p=0.827$ and $p=0.1$, respectively). Mortality was not higher in patients with AL.

Conclusion: There is no difference in terms of AL development between patients receiving NT or AT and using RT or CT alone or together. These treatments should not be abandoned in the treatment of rectal cancer due to better local control, overall survival and sphincter function preservation rates.

Keywords: rectum cancer; radiotherapy; chemotherapy; anastomotic leakage

Introduction

Colorectal cancer is one of the most common and life-threatening malignant tumors worldwide. The treatment of stage II and stage III colorectal cancer now involves a multidisciplinary structure that includes combined therapy rather than surgery alone. Combined chemotherapy (CT) is recommended as the main adjuvant therapy for stage III colon cancer ¹. In rectal cancer, like colon cancer, combined treatment is recommended, and the difference lies in the application of radiotherapy (RT). Historically, the combination of adjuvant RT and CT has been shown to reduce local recurrence and improve survival in locally advanced rectal cancer (LARC) ². Later, recurrence rates decreased with the introduction of total mesorectal excision (TME) as a surgical method ^{3, 4}. Neoadjuvant chemoradiotherapy (CRT) is preferred as a treatment method in all stage II and III rectal cancers, after it was shown that neoadjuvant CRT provides better outcomes compared with adjuvant CRT, is

better tolerated, and enables downstaging in many cases, thus preventing permanent ostomy ⁵.

Anastomotic leakage (AL) is defined as a defect of the intestinal wall in the anastomosis region (including the sutures and staple lines of the neorectal reservoirs), leading to transition between the intra- and extra-luminal compartments ⁶. AL is an important and potentially life-threatening postoperative complication after colorectal surgery. About one-third of deaths after colorectal surgery are due to anastomotic complications ⁷. If managed well, mortality in AL can be prevented ⁸, but patients with AL who are treated and survive have increased perioperative morbidity and lower survival in the long term ⁹⁻¹¹.

Numerous studies have focused on the predisposing factors for AL. However, the leak is thought to be caused by a large spectrum composed of both preventable and unavoidable factors ¹². Despite the perioperative management (Enhanced Recovery After Surgery; ERAS) and the improvement and

optimization of surgical techniques (minimally invasive surgery), AL rates have remained high (8–20%) over time^{12–15}. There are many local and general factors causing AL¹⁶. One of the local factors affecting the development of AL is that patients receive CT and / or RT. Some studies showed that neoadjuvant RT or CRT did not increase the development of AL^{17, 18}, whereas other studies showed that neoadjuvant RT or CRT increased the development of AL^{19–22}. In a study with a five-year follow-up period in which adjuvant and neoadjuvant CRT were compared, AL was detected in 11% of the neoadjuvant CRT arm and 12% of the adjuvant CRT arm, and no difference was found between the two groups⁵. In the present study, it was aimed to investigate the effects of neoadjuvant therapy (NT) and adjuvant therapy (AT) on AL in patients who underwent surgery with a diagnosis of rectal cancer.

Materials and Methods

Patient selection

Our study was conducted on retrospective file scans of patients who underwent surgery with a diagnosis of rectal cancer between January 1st, 2010, and December 31st, 2018, in XXX University General Surgery Department. Patients who were older than 18 years, diagnosed as having rectal cancer, underwent surgery in our clinic, and were given AT or NT by the radiation oncology and medical oncology clinics were included. Patient data were obtained from the central archive and archives of the oncology clinics. Two groups were formed according to patients' AT or NT status. Demographic data, tumor staging, metastasis status, organ and lymph node involvement, type of surgery, AT and NT, presence of AL, mortality, and serum carcinoembryonic antigen (CEA) levels were recorded from the patient files. The patients had a minimum of two and a maximum of eight years of follow-up.

Chemotherapy and radiotherapy protocols

Surgery was performed according to TME principles. Generally, RT and CT were applied together as AT or NT, but in some patients, RT or CT was administered alone. According to the protocol²³, a total of 50.4 Gy (single dose of 1.8 Gy) RT was applied to the tumor and pelvic lymph nodes for five weeks. As CT, 5-fluorouracil (5-FU) was administered in the first and fifth weeks of RT as a 120-hour continuous infusion at a dose of 1000 mg/m²/day. Apart from these, four cycles of 5-FU were administered in 4 weeks, in 5 consecutive days, as bolus injection at a dose of 500 mg/m²/day. Unlike in NT, an additional 5.4 Gy of RT was administered to the tumor bed for three days in AT. Surgical treatment was performed 4–6 weeks after the concurrent use of neoadjuvant CT and RT was completed,

and the remaining four cycles of 5-FU were started 3–4 weeks after surgery. Alternatively, surgical treatment was performed first and AT started 1–2 weeks after surgery.

Approach to anastomotic leaks

The AL grading recommended by Rahbari et al.⁶ was used. Accordingly, grade A does not require a therapeutic intervention, grade B requires active intervention without laparotomy, and grade C requires laparotomy. As stated in the literature, when a leak was suspected, CT was performed for diagnosis, followed by contrast enema and endoscopy, and a reoperation was performed²⁴. After the reoperation, the anastomosis was usually removed, and a permanent stoma was created. If possible, anastomosis was rescued in grade A and B leaks, with or without drainage and/or antibiotic treatments^{25, 26}.

Statistical analysis

The Statistical Package for the Social Sciences (SPSS) package program version 22 was used for data analysis. The normality of the distribution of the data was investigated using the Kolmogorov–Smirnov and Shapiro–Wilk tests. Mean \pm standard deviation or median (minimum–maximum) was used for continuous variables, and frequency and percentage (%) were used for categorical variables. The Mann–Whitney U test was used to compare categorical variables that were not normally distributed, as well as in the comparison of continuous variables obtained in laboratory measurements. Pearson's Chi-square test was used for comparisons between categorical variables. The McNemar test was used for comparisons between dependent categorical variables. The level of statistical significance was accepted as $p \leq 0.05$.

Results

The average age of the patients was 58.6 ± 13.2 (range, 27–85) years. One hundred seventy-nine (56.1%) of the patients were male. The mean body weight of the patients was 74.52 ± 13.7 kg.

It was found that 48.6% (n=155) of the patients received AT and 51.4% (n=164) received NT; 13.2% (n=42) received only RT, 10.7% (n=34) received CT, and 76.2% (n=243) received both RT and CT. Of the patients who were treated with NT (n=164), 18 (11.0%) received only RT, 21 (12.8%) received only CT, and 125 (76.2%) received both RT and CT. Of the patients who were treated with AT (n=155), 25 (16.1%) received only RT, 12 (7.7%) received only CT and 118 (76.1%) received both RT and CT (Table 1).

It was found that 16.3% (n=52) of the patients underwent anterior resection, 73.0% (n=233) had low anterior resection and 10.7% (n=34) received a very low anterior resection.

Perineural invasion was investigated in 83.1% (n=265) of the patients, and was detected in 16.6% (n=44). Lymphatic

Table 1: The applied treatment options as adjuvant and neoadjuvant therapy.

	AT (n=155)	NT (n=164)
Only Chemotherapy	7.7% (n=12)	12.8% (n=21)
Only Radiotherapy	16.1% (n=25)	10.9% (n=18)
Chemotherapy + Radiotherapy	76.1% (n=118)	76.2% (n=125)

AT, Adjuvant therapy; NT, Neoadjuvant therapy

invasion was investigated in 84.9% (n=271), and was found in 16.6% (n=44). AL was detected in 23.5% (n=75) of the patients. Ninety (28.2%) patients died.

The average age of the deceased patients was 58.68 ± 0.87 years, and the average age of the living patients was 58.4 ± 1.39 years; there was not a significant difference between the ages of survivors and those who died ($p=0.871$). While the mean body weight of the patients was 74.38 ± 0.89 kg, no statistically significant difference was found in terms of body weight between the survivors and those who died ($p=0.822$). Fifty (55.6%) of the male patients and 40 (44.4%) of the female patients died; there was not a significant difference between the sexes of the survivors and those who died ($p=0.900$).

Among the survivors and deceased patients, there were no differences in terms of TNM staging, type of surgery, preoperative and postoperative CEA levels, anastomosis leaks, RT and / or CT, perineural invasion, and lymphatic invasion (Table 2).

Among patients receiving AT or NT, there were no differences in terms TNM staging, type of surgery, preoperative and postoperative CEA levels, anastomosis leak, mortality, perineural invasion, and lymphatic invasion (Table 3).

When the average age and body weight of the patients were compared according to the presence of AL, there was not a significant difference between those with and without AL in terms of age ($p=0.227$), but the average body weight of patients with AL was lower than that of patients without AL ($p=0.042$). When the sex distribution of the patients was compared according to the presence of AL, there was not a significant difference in terms of sex between those with and without AL.

Table 4 shows the factors those predictors to AL development. In univariate analysis, the relationship between gender, age, weight, type of surgery, laparoscopic surgery, tumor size, lymph node involvement, NT or AT, perineural involvement, lymphatic invasion, RT or CT, and AL were examined. There was a relationship ($p=0.021$) between N2 lymph node involvement and AL. Also, it was observed that RT, CT, or CRT did not have statistically significant effects on the development of AL.

Table 2: The comparison between patients who survived and patients who died in terms of TNM staging, type of surgery, preoperative and postoperative CEA levels, anastomosis leak, radiotherapy and/or chemotherapy, perineural invasion, and lymphatic invasion.

Variables	Survival (n=229)	Mortality (n=90)	p
AL			
No (n=244)	76.0% (n=174)	77.8% (n=70)	0.734
Yes (n=75)	24.0% (n=55)	22.2% (n=20)	
CEA			
<i>Preoperative >10</i> (n=238)	73.8% (n=169)	76.7% (n=69)	0.045
<i>Preoperative <10</i> (n=81)	26.2% (n=60)	23.3% (n=21)	
<i>Postoperative >10</i> (n=133)	41.9% (n=96)	41.1% (n=37)	0.946
<i>Postoperative <10</i> (n=186)	58.1% (n=133)	58.9% (n=53)	
T1 (n=22)	7.4% (n=17)	5.6% (n=5)	0.578
T2 (n=16)	5.7% (n=13)	3.3% (n=3)	
T3 (n=112)	33.2% (n=76)	40.0% (n=36)	
T4 (n=169)	53.7% (n=123)	51.1% (n=46)	
N0 (n=120)	37.6% (n=86)	37.8% (n=34)	0.862
N1 (n=93)	29.3% (n=67)	28.9% (n=26)	
N2 (n=60)	19.7% (n=45)	16.7% (n=15)	
Nx (n=46)	13.5% (n=31)	16.7% (n=15)	
M0 (n=289)	90.8% (n=208)	90% (n=81)	0.819
M1 (n=30)	9.2% (n=21)	10% (n=9)	
Anterior resection (n=52)			
<i>Low Anterior resection</i> (n=233)	15.7% (n=36)	17.8% (n=16)	0.880
<i>Very Low Anterior Resection</i> (n=34)	73.8% (n=169)	71.1% (n=64)	
	10.5% (n=24)	11.1% (n=10)	
Perineural invasion (n=44)	14.4% (n=33)	12.2% (n=11)	0.679
Lymphatic invasion (n=72)	23.6% (n=54)	20.0% (n=18)	0.655
Radiotherapy			
Yes (n=285)	89.1% (n=204)	90% (n=81)	0.811
No (n=34)	10.9% (n=25)	10% (n=9)	
Chemotherapy			
Yes (n=86)	85.6% (n=196)	90% (n=81)	0.294
No (n=14)	14.4% (n=33)	10% (n=9)	

CEA, Carcinoembryonic antigen; AL, Anastomosis leakage

There were no significant differences between the postoperative and preoperative serum CEA levels in patients receiving AT and NT in patients who survived and died, nor in patients with and without AL ($p>0.001$) (Table 5).

Table 3: The comparison between patients who were treated with adjuvant therapy and patients who were treated with neoadjuvant therapy in terms of TNM staging, type of surgery, preoperative and postoperative CEA levels, anastomosis leak, mortality, perineural invasion, and lymphatic invasion.

Variables	AT (n=155)	NT (n=164)	p
AL (n=70)	42.8% (n=30)	57.2% (n=40)	0.758
CEA			
Preoperative >10 (n=238)	76.8% (n=119)	72.5% (n=119)	0.999
Preoperative <10 (n=81)	23.2% (n=36)	27.4% (n=45)	
Postoperative >10 (n=133)	36.8% (n=57)	46.3% (n=76)	
Postoperative <10 (n=186)	63.2% (n=98)	53.6% (n=88)	0.206
T1 (n=22)	54.5% (n=12)	45.5% (n=10)	
T2 (n=16)	56.3% (n=9)	43.8% (n=7)	0.758
T3 (n=112)	50% (n=56)	50% (n=56)	
T4 (n=169)	46.2% (n=78)	53.8% (n=91)	
N0 (n=120)	48.3% (n=58)	51.7% (n=62)	
N1 (n=93)	45.2% (n=42)	54.8% (n=51)	0.208
N2 (n=60)	60.0% (n=36)	40.0% (n=24)	
Nx (n=46)	41.3% (n=19)	58.7% (n=27)	
M0 (n=289)	47.8% (n=138)	52.2% (n=151)	0.352
M1 (n=30)	56.7% (n=17)	43.3% (n=13)	
Anterior resection (n=52)	51.9% (n=27)	48.1% (n=25)	
Low anterior resection (n=233)	48.1% (n=112)	51.9% (n=121)	0.866
Very low anterior resection (n=34)	47.1% (n=16)	52.9% (n=18)	
Perineural invasion (n=44)	18% (n=28)	9.7% (n=16)	0.758
Lymphatic invasion (n=72)	51.4% (n=37)	48.6% (n=35)	0.700
Survival (n=229)	48.9% (n=112)	51.1% (n=117)	0.856
Mortality (n=90)	47.8% (n=43)	52.2% (n=47)	

CEA, Carcinoembryonic antigen; AL, Anastomosis leakage; AT, Adjuvant therapy; NT, Neoadjuvant therapy

Discussion

According to our findings, there was no difference in terms of the development of AL between patients receiving NT and AT. Also, there was no difference between use of CRT and either RT or CT alone as NT or AT in terms of development of AL. However, in patients with AL, N2 lymph node involvement and lower body weight were observed more frequently. Development of AL did not affect mortality in patients.

Colorectal cancer now accounts for approximately 10% of cancer-related mortality in Western countries²⁷. There are new treatments for primary and metastatic colorectal cancer, including laparoscopic surgery, radiotherapy, and neoadjuvant and palliative chemotherapy. Every method

Table 4: The comparison between patients who had anastomosis leakage and those who did not have in terms of TNM staging, laparoscopic surgery, tumor size, lymph node involvement, type of surgery, RT and/or CT, NT or AT, perineural invasion, and lymphatic invasion.

Variables	No AL (n=244)	AL (n=75)	p
CEA			
Preoperative >10 (n=238)	77.7% (n=185)	22.3% (n=53)	0.111
Preoperative <10 (n=81)	72.8% (n=59)	27.2% (n=22)	
Postoperative >10 (n=133)	84.2% (n=112)	15.8% (n=21)	0.589
Postoperative <10 (n=186)	71.0% (n=132)	29.0% (n=54)	
T1 (n=22)	86.4% (n=19)	13.6% (n=3)	
T2 (n=16)	81.2% (n=13)	18.8% (n=3)	0.057
T3 (n=112)	83.0% (n=93)	17.0% (n=19)	
T4 (n=169)	70.4% (n=119)	29.6% (n=50)	
N0 (n=120)	84.2% (n=101)	15.8% (n=19)	
N1 (n=93)	72.0% (n=67)	28.0% (n=26)	0.021
N2 (n=60)	65.0% (n=39)	35.0% (n=21)	
Nx (n=46)	80.4% (n=37)	19.6% (n=9)	
M0 (n=289)	77.2% (n=223)	22.8% (n=66)	0.379
M1 (n=30)	70.0% (n=21)	30.0% (n=9)	
Anterior resection (n=52)	73.1% (n=38)	26.9% (n=14)	
Low anterior resection (n=233)	76.8% (n=179)	23.2% (n=54)	0.774
Very low anterior resection (n=34)	79.4% (n=27)	20.6% (n=7)	
Laparoscopic surgery			
Yes (282)	75.5% (n=213)	24.5% (n=69)	0.266
No (37)	83.8% (n=31)	16.2% (n=6)	
Perineural invasion (n=44)	75.0% (n=33)	25.0% (n=11)	0.633
Lymphatic invasion (n=72)	75.0% (n=54)	25.0% (n=18)	0.555
Radiotherapy			
Yes (n=285)	77.2% (n=220)	22.8% (n=65)	
No (n=34)	70.6% (n=24)	29.4% (n=10)	0.391
Chemotherapy			
Yes (n=277)	87.3% (n=213)	85.3% (n=64)	0.660
No (n=42)	12.7% (n=31)	14.7% (n=11)	
NT with RT and CT (n=125)	75.8% (n=94)	77.5% (n=31)	0.827
NT with either RT or CT (n=39)	24.2% (n=30)	22.5% (n=9)	
AT with RT and CT (n=118)	79.2% (n=95)	65.7% (n=23)	0.1
AT with either RT or CT (n=37)	20.8% (n=25)	34.3% (n=12)	

CEA, Carcinoembryonic antigen; AL, Anastomosis leakage; AT, Adjuvant therapy; NT, Neoadjuvant therapy

Table 5: Change in serum CEA levels in the postoperative period compared to the preoperative period in patients with and without anastomosis leakage, in patients who survived and who died, and in patients receiving adjuvant therapy and patients receiving neoadjuvant therapy.

		Postoperative CEA <10	Postoperative CEA >10	P
AL	Preoperative CEA <10 (n=59)	54.2% (n=32)	45.8% (n=27)	0.111
	Preoperative CEA >10 (n=185)	54.0% (n=100)	46.0% (n=85)	
Yes	Preoperative CEA <10 (n=22)	63.6% (n=14)	36.4% (n=8)	0.589
	Preoperative CEA >10 (n=53)	75.5% (n=40)	24.5% (n=13)	
No	Preoperative CEA <10 (n=60)	10.0% (n=6)	90.0% (n=54)	0.045
	Preoperative CEA >10 (n=169)	53.2% (n=90)	46.7% (n=79)	
Survival	Preoperative CEA <10 (n=69)	65.2% (n=45)	34.8% (n=24)	0.946
	Preoperative CEA >10 (n=21)	38.1% (n=8)	61.9%(n=13)	
Mortality	Preoperative CEA <10 (n=36)	27.8% (n=10)	72.2% (n=26)	0.999
	Preoperative CEA >10 (n=119)	73.9% (n=88)	26.0% (n=31)	
AT	Preoperative CEA <10 (n=45)	17.8% (n=8)	82.2% (n=37)	0.206
	Preoperative CEA >10 (n=119)	57.1% (n=68)	42.9% (n=51)	
NT				

CEA, Carcinoembryonic antigen; AL, Anastomosis leakage; AT, Adjuvant therapy; NT, Neoadjuvant therapy

used in cancer treatments is associated with its own side effects and complications, and these are additive in combined therapy. The appearance of AL at the suture line of the bowel folds after tumor removal is one of the most feared surgical complications. The incidence of AL is 1-19%, and the postoperative mortality rate due to anastomotic complications is 6-22%²⁸⁻³². About one-third of deaths after colorectal surgery are due to anastomotic complications⁷. In rectal cancers, the risk of developing AL is higher. Eriksson et al.³³ reported that the AL rate was 10% in patients operated on for colorectal cancer and 18.8% in rectal resections. Additionally, mortality is higher in AL after rectal resection, and mortality rates of up to 22-50% have been observed^{7, 34, 35}. Therefore, the risk factors causing AL should be well defined, and, if AL develops, it should be treated effectively. In the literature, male sex, advanced age, lower anastomosis, malignant disease, high American Society of Anesthesiologists (ASA) score, long surgical time, emergency surgery, preoperative RT, perioperative blood loss, and transfusion have been associated with AL^{30, 36-43}. In one study, male sex and rectal cancer were shown as independent risk factors for both early and late AL. Younger age, increased body mass index (BMI), laparoscopic surgery, emergency surgery, and lack of guiding ileostomy have been shown as risk factors for early AL, and the Charlson Comorbidity Index, high ASA scores, additional resection due to tumor growth, and preoperative RT have been shown as risk factors for late AL. In several studies, the frequency of AL was higher in males than in females, probably due to differences in pelvic anatomy^{29, 44, 45}, while in other studies, no difference was found between the sexes in terms of AL⁴⁶⁻⁴⁸. Many of the

risk factors for early AL are surgical-related factors that reflect surgical difficulty. In one study, laparoscopic surgery was shown to be an independent risk factor for early AL²². In other studies, no difference was found in terms of AL between laparoscopic surgery and open surgery^{49, 50}. In two separate studies, the rates of AL in patients with low anterior resection were 10%⁸ and 11%⁵¹. Patients who underwent anterior resection, low anterior resection, or very low anterior resection were included in our study. There was no difference between these types of surgeries in terms of the development of AL. AL was detected in 23.5% of our patients, which was slightly higher than the rates in the literature. Mortality rate in AL patients was 28.2%, and it was observed that the development of AL did not increase mortality. In addition, in univariate analysis, it was observed that sex, age, tumor size, perineural involvement, and lymphatic invasion did not have significant effects on AL development. Although in one study, stage 3-4 rectal cancer and poorly differentiated or mucinous adenocarcinoma were shown as independent risk factors for early AL²¹, this was not the case in another study²². In our study, we observed a relationship between N2 lymph node involvement (stage 3C and 4 rectal cancer) and AL, similar to the study by Shin et al.²¹. The effects of neoadjuvant RT or CRT on the development of AL are controversial. In a prospective study, it was shown that short-term neoadjuvant RT does not increase the risk of AL¹⁷. In another prospective study, neoadjuvant CRT therapy was shown to be a risk factor for AL in patients undergoing laparoscopic surgery with change in the direction of stoma. However, in the same study, neoadjuvant CRT therapy could not be demonstrated to be a risk factor for AL in all

patients undergoing low anterior resection due to cancer¹⁸. Similarly, there are studies showing that preoperative RT or CRT is a risk factor for late AL¹⁹⁻²². In a study comparing adjuvant and neoadjuvant CRT, no difference was found between the two groups in terms of AL development⁵. In our study, there was no difference in AL between patients who received CRT and patients who received CT or RT as NT. We also found no difference in AL between patients who received CT and RT as CRT and AT.

Serum CEA increases in 17-47% of patients with colorectal cancer^{52,53}, but its sensitivity is not high enough to be used as a screening test. However, serum CEA levels may have prognostic value for rectal cancer. The prognosis is worse in patients with the same stage of the disease but with CEA values higher than 5 ng / mL⁵⁴. In our study, because the reference values of our hospital's biochemistry laboratory were different, the CEA cut-off value was accepted as 10 ng / mL. The high mortality rate in patients with higher CEA levels in our study is consistent with the literature. The absence of relationships between preoperative and postoperative CEA levels as well as postoperative CEA levels and survival confirms that serum CEA levels are not sensitive enough to be used as a screening test.

Our study has some limitations. Our study was a single-center and retrospective study. Patients undergoing abdominopelvic resection and those undergoing emergency surgery were excluded from the study. Early and late AL discrimination was not performed in patients with AL. In addition, we had no data on which interventions were performed on patients who developed AL. On the other hand, our study is valuable in terms of having a high number of patients (n=319), reflecting 10 years' data from a clinic, and having 2-8 years of follow-up.

In conclusion, there was no difference in terms of the development of AL between patients receiving NT and patients receiving AT. The use of either RT or CT as NT or AT, or the use of CRT as NT or AT did not increase the risk of AL. Mortality did not increase in patients with AL. These treatments should not be abandoned in the treatment of rectal cancer due to the better local control, overall survival, and sphincter function protection rates.

Acknowledgements

We would like to acknowledge the www.makaletercume.com for their outstanding scientific proofreading and editing services that was provided for this manuscript.

References

1. Liu FQ, Cai SJ. Adjuvant and perioperative neoadjuvant therapy for colorectal cancer. *Zhonghua Wei Chang Wai Ke Za Zhi*. 2019;22(4): 315-320.

2. Krook JE, Moertel CG, Gunderson LL, et al. Effective surgical adjuvant therapy for high-risk rectal carcinoma. *N Engl J Med*. 1991;324(11): 709-715.
3. Heald RJ, Husband EM, Ryall RD. The mesorectum in rectal cancer surgery--the clue to pelvic recurrence? *Br J Surg*. 1982;69(10): 613-616.
4. Heald RJ, Karanjia ND. Results of radical surgery for rectal cancer. *World J Surg*. 1992;16(5): 848-857.
5. Sauer R, Becker H, Hohenberger W, et al. Preoperative versus postoperative chemoradiotherapy for rectal cancer. *N Engl J Med*. 2004;351(17): 1731-1740.
6. Rahbari NN, Weitz J, Hohenberger W, et al. Definition and grading of anastomotic leakage following anterior resection of the rectum: a proposal by the International Study Group of Rectal Cancer. *Surgery*. 2010;147(3): 339-351.
7. Alberts JC, Parvaiz A, Moran BJ. Predicting risk and diminishing the consequences of anastomotic dehiscence following rectal resection. *Colorectal disease : the official journal of the Association of Coloproctology of Great Britain and Ireland*. 2003;5(5): 478-482.
8. Harris LJ, Phillips BR, Maxwell PJ, Isenberg GA, Goldstein SD. Outcomes of low anterior resection anastomotic leak after preoperative chemoradiation therapy for rectal cancer. *The American surgeon*. 2010;76(7): 747-751.
9. Nesbakken A, Nygaard K, Lunde OC. Outcome and late functional results after anastomotic leakage following mesorectal excision for rectal cancer. *The British journal of surgery*. 2001;88(3): 400-404.
10. Akyol AM, McGregor JR, Galloway DJ, Murray G, George WD. Recurrence of colorectal cancer after sutured and stapled large bowel anastomoses. *The British journal of surgery*. 1991;78(11): 1297-1300.
11. Peeters KC, Tollenaar RA, Marijnen CA, et al. Risk factors for anastomotic failure after total mesorectal excision of rectal cancer. *The British journal of surgery*. 2005;92(2): 211-216.
12. McDermott FD, Heeney A, Kelly ME, Steele RJ, Carlson GL, Winter DC. Systematic review of preoperative, intraoperative and postoperative risk factors for colorectal anastomotic leaks. *Br J Surg*. 2015;102(5): 462-479.
13. Borstlap WAA, Musters GD, Stassen LPS, et al. Vacuum-assisted early transanal closure of leaking low colorectal anastomoses: the CLEAN study. *Surg Endosc*. 2018;32(1): 315-327.
14. Trencheva K, Morrissey KP, Wells M, et al. Identifying important predictors for anastomotic leak after colon and rectal resection: prospective study on 616 patients. *Ann Surg*. 2013;257(1): 108-113.
15. Vermeer TA, Orsini RG, Daams F, Nieuwenhuijzen GA, Rutten HJ. Anastomotic leakage and presacral abscess formation after locally advanced rectal cancer surgery: Incidence, risk factors and treatment. *Eur J Surg Oncol*. 2014;40(11): 1502-1509.
16. Vasiliu EC, Zarnescu NO, Costea R, Neagu S. Review of Risk Factors for Anastomotic Leakage in Colorectal Surgery. *Chirurgia (Bucur)*. 2015;110(4): 319-326.
17. Kapiteijn E, Kranenbarg EK, Steup WH, et al. Total mesorectal excision (TME) with or without preoperative radiotherapy in the treatment of primary rectal cancer. Prospective randomised trial with standard operative and histopathological techniques. *Dutch ColoRectal Cancer Group. The European journal of surgery = Acta chirurgica*. 1999;165(5): 410-420.
18. Marijnen CA, Kapiteijn E, van de Velde CJ, et al. Acute side effects and complications after short-term preoperative radiotherapy combined with total mesorectal excision in primary rectal cancer: report of a multicenter randomized trial. *Journal of clinical oncology : official journal of the American Society of Clinical Oncology*. 2002;20(3): 817-825.
19. Lim SB, Yu CS, Kim CW, Yoon YS, Park IJ, Kim JC. Late anastomotic leakage after low anterior resection in rectal cancer patients: clinical characteristics and predisposing factors. *Colorectal disease : the official journal of the Association of Coloproctology of Great Britain and Ireland*. 2016;18(4): O135-140.

20. Morks AN, Ploeg RJ, Sijbrand Hofker H, Wiggers T, Havenga K. Late anastomotic leakage in colorectal surgery: a significant problem. *Colorectal disease : the official journal of the Association of Coloproctology of Great Britain and Ireland*. 2013;15(5): e271-275.
21. Shin US, Kim CW, Yu CS, Kim JC. Delayed anastomotic leakage following sphincter-preserving surgery for rectal cancer. *Int J Colorectal Dis*. 2010;25(7): 843-849.
22. Sparreboom CL, van Groningen JT, Lingsma HF, et al. Different Risk Factors for Early and Late Colorectal Anastomotic Leakage in a Nationwide Audit. *Diseases of the colon and rectum*. 2018;61(11): 1258-1266.
23. Sauer R, Liersch T, Merkel S, et al. Preoperative versus postoperative chemoradiotherapy for locally advanced rectal cancer: results of the German CAO/ARO/AIO-94 randomized phase III trial after a median follow-up of 11 years. *Journal of clinical oncology : official journal of the American Society of Clinical Oncology*. 2012;30(16): 1926-1933.
24. Hirst NA, Tiernan JP, Millner PA, Jayne DG. Systematic review of methods to predict and detect anastomotic leakage in colorectal surgery. *Colorectal disease : the official journal of the Association of Coloproctology of Great Britain and Ireland*. 2014;16(2): 95-109.
25. Blumetti J, Chaudhry V, Cintron JR, et al. Management of anastomotic leak: lessons learned from a large colon and rectal surgery training program. *World journal of surgery*. 2014;38(4): 985-991.
26. Sirois-Giguere E, Boulanger-Gobeil C, Bouchard A, et al. Transanal drainage to treat anastomotic leaks after low anterior resection for rectal cancer: a valuable option. *Diseases of the colon and rectum*. 2013;56(5): 586-592.
27. Kuipers EJ, Grady WM, Lieberman D, et al. Colorectal cancer. *Nat Rev Dis Primers*. 2015;1: 15065.
28. Rickert A, Willeke F, Kienle P, Post S. Management and outcome of anastomotic leakage after colonic surgery. *Colorectal disease : the official journal of the Association of Coloproctology of Great Britain and Ireland*. 2010;12(10 Online): e216-223.
29. Rullier E, Laurent C, Garrelon JL, Michel P, Saric J, Parneix M. Risk factors for anastomotic leakage after resection of rectal cancer. *The British journal of surgery*. 1998;85(3): 355-358.
30. Buchs NC, Gervaz P, Secic M, Bucher P, Mugnier-Konrad B, Morel P. Incidence, consequences, and risk factors for anastomotic dehiscence after colorectal surgery: a prospective monocentric study. *International journal of colorectal disease*. 2008;23(3): 265-270.
31. Yeh CY, Changchien CR, Wang JY, et al. Pelvic drainage and other risk factors for leakage after elective anterior resection in rectal cancer patients: a prospective study of 978 patients. *Annals of surgery*. 2005;241(1): 9-13.
32. Hyman N, Manchester TL, Osler T, Burns B, Cataldo PA. Anastomotic leaks after intestinal anastomosis: it's later than you think. *Annals of surgery*. 2007;245(2): 254-258.
33. Gessler B, Eriksson O, Angenete E. Diagnosis, treatment, and consequences of anastomotic leakage in colorectal surgery. *International journal of colorectal disease*. 2017;32(4): 549-556.
34. Karanjia ND, Corder AP, Holdsworth PJ, Heald RJ. Risk of peritonitis and fatal septicaemia and the need to defunction the low anastomosis. *The British journal of surgery*. 1991;78(2): 196-198.
35. Scott N, Jackson P, al-Jaberi T, Dixon MF, Quirke P, Finan PJ. Total mesorectal excision and local recurrence: a study of tumour spread in the mesorectum distal to rectal cancer. *The British journal of surgery*. 1995;82(8): 1031-1033.
36. Krarup PM, Jorgensen LN, Andreasen AH, Harling H. A nationwide study on anastomotic leakage after colonic cancer surgery. *Colorectal disease : the official journal of the Association of Coloproctology of Great Britain and Ireland*. 2012;14(10): e661-667.
37. Boccola MA, Buettner PG, Rozen WM, et al. Risk factors and outcomes for anastomotic leakage in colorectal surgery: a single-institution analysis of 1576 patients. *World journal of surgery*. 2011;35(1): 186-195.
38. Pommergaard HC, Gessler B, Burcharth J, Angenete E, Haglund E, Rosenberg J. Preoperative risk factors for anastomotic leakage after resection for colorectal cancer: a systematic review and meta-analysis. *Colorectal disease : the official journal of the Association of Coloproctology of Great Britain and Ireland*. 2014;16(9): 662-671.
39. Matthiessen P, Hallbook O, Andersson M, Rutegard J, Sjodahl R. Risk factors for anastomotic leakage after anterior resection of the rectum. *Colorectal disease : the official journal of the Association of Coloproctology of Great Britain and Ireland*. 2004;6(6): 462-469.
40. Kruschewski M, Rieger H, Pohlen U, Hotz HG, Buhr HJ. Risk factors for clinical anastomotic leakage and postoperative mortality in elective surgery for rectal cancer. *International journal of colorectal disease*. 2007;22(8): 919-927.
41. Konishi T, Watanabe T, Kishimoto J, Nagawa H. Risk factors for anastomotic leakage after surgery for colorectal cancer: results of prospective surveillance. *Journal of the American College of Surgeons*. 2006;202(3): 439-444.
42. Komen N, Dijk JW, Lalmahomed Z, et al. After-hours colorectal surgery: a risk factor for anastomotic leakage. *International journal of colorectal disease*. 2009;24(7): 789-795.
43. Jestin P, Pahlman L, Gunnarsson U. Risk factors for anastomotic leakage after rectal cancer surgery: a case-control study. *Colorectal disease : the official journal of the Association of Coloproctology of Great Britain and Ireland*. 2008;10(7): 715-721.
44. Law WI, Chu KW, Ho JW, Chan CW. Risk factors for anastomotic leakage after low anterior resection with total mesorectal excision. *American journal of surgery*. 2000;179(2): 92-96.
45. Lipska MA, Bissett IP, Parry BR, Merrie AE. Anastomotic leakage after lower gastrointestinal anastomosis: men are at a higher risk. *ANZ journal of surgery*. 2006;76(7): 579-585.
46. Alves A, Panis Y, Trancart D, Regimbeau JM, Pocard M, Valleur P. Factors associated with clinically significant anastomotic leakage after large bowel resection: multivariate analysis of 707 patients. *World journal of surgery*. 2002;26(4): 499-502.
47. Telem DA, Chin EH, Nguyen SQ, Divino CM. Risk factors for anastomotic leak following colorectal surgery: a case-control study. *Arch Surg*. 2010;145(4): 371-376; discussion 376.
48. Kumar A, Daga R, Vijayaragavan P, et al. Anterior resection for rectal carcinoma - risk factors for anastomotic leaks and strictures. *World journal of gastroenterology : WJG*. 2011;17(11): 1475-1479.
49. Bonjer HJ, Deijen CL, Abis GA, et al. A randomized trial of laparoscopic versus open surgery for rectal cancer. *The New England journal of medicine*. 2015;372(14): 1324-1332.
50. Veldkamp R, Kuhry E, Hop WC, et al. Laparoscopic surgery versus open surgery for colon cancer: short-term outcomes of a randomised trial. *The lancet oncology*. 2005;6(7): 477-484.
51. Rodriguez-Ramirez SE, Uribe A, Ruiz-Garcia EB, Labastida S, Luna-Perez P. Risk factors for anastomotic leakage after preoperative chemoradiation therapy and low anterior resection with total mesorectal excision for locally advanced rectal cancer. *Revista de investigacion clinica; organo del Hospital de Enfermedades de la Nutricion*. 2006;58(3): 204-210.
52. Tarantino I, Warschkow R, Schmied BM, et al. Predictive Value of CEA for Survival in Stage I Rectal Cancer: a Population-Based Propensity Score-Matched Analysis. *Journal of gastrointestinal surgery : official journal of the Society for Surgery of the Alimentary Tract*. 2016;20(6): 1213-1222.
53. Probst CP, Becerra AZ, Aquina CT, et al. Watch and Wait?--Elevated Pretreatment CEA Is Associated with Decreased Pathological Complete Response in Rectal Cancer. *Journal of gastrointestinal surgery : official journal of the Society for Surgery of the Alimentary Tract*. 2016;20(1): 43-52; discussion 52.
54. Lee JH, Kim DY, Kim SH, et al. Carcinoembryonic antigen has prognostic value for tumor downstaging and recurrence in rectal cancer after preoperative chemoradiotherapy and curative surgery: A multi-institutional and case-matched control study of KROG 14-12. *Radiotherapy and oncology : journal of the European Society for Therapeutic Radiology and Oncology*. 2015;116(2): 202-208.