

Primary Central Nervous System Lymphoma in Immunocompetent Patients: A Literature Review and the Experiment

Özben Yalçın¹, Canan Tanık¹, Yalçın Polat², Meltem Can³, Fevziye Kabukçuoğlu¹

¹Department of Pathology, Şişli Hamidiye Etfal Training and Research Hospital, İstanbul, Turkey

²Department of Pathology, Okan University School of Medicine, İstanbul, Turkey

³Department of Neurosurgery, Şişli Hamidiye Etfal Training and Research Hospital, İstanbul, Turkey

BACKGROUND

Primary santral nervous system (CNS) lymphoma is a rare form of non-Hodgkin's lymphoma that develops within the craniospinal axis and causes less than 5% of all primary brain tumors. It is defined as lymphoma developing in the brain, leptomeninges, spinal cord or eyes without evidence of lymphoma outside the CNS. Clinico-histopathological characteristics of eighteen patients with primary CNS lymphoma were examined and followed-up for the treatment and subsequent management in Neurosurgery, and Medical Radiation Oncology.

MATERIALS and METHODS

This study includes all cases of primary CNS lymphoma diagnosed in our Department of Pathology between 2006 and 2009. Age, sex, clinical presentation and laboratory features analysis of the cases were carried out. In addition, routine hematoxylin and eosin stains (H&E) and special stains, immunohistochemistry were carried out using CD-45, CD-20, CD-19, CD-3, CD-5, CD-10, MIB-1 and Bcl-6.

RESULTS

Primary central nervous system lymphoma (PCNSL) was mostly observed in the temporal and parietal and parietal region. The mean age of the patients was 57.72, ranging from 33 to 83 years. Females outnumbered males with a ratio of 1.25:1. The most common symptom observed, was headache which was followed by neuro communicative symptoms. Histologically, all the patients exhibited diffuse B-cell lymphoma. Two patients suffered from multiple lesions. Three of the patients died within 2 years.

CONCLUSION

There is an increase in the prevalence of primary CNS lymphomas not only in immune deficiency patients, but also in the immune competent patients and therefore should be taken into account in the differential diagnosis of all tumor of the CNS.

Keywords: Primary santral nervous system lymphoma, immunocompetent, brain tumor

INTRODUCTION

An uncommon type of non-Hodgkin's lymphoma, primary central nervous system lymphoma (PCNSL), is localized in the central nervous system. Most of its lesions are supratentorial and periventricular. Deep structures such as corpus callosum and basal ganglion are mostly involved (1-3). In this study, we analyzed 18 patients with non-Hodgkin's lymphoma in order to assess their clinical features, radiological features, histology, management, and outcome.

MATERIALS and METHODS

This study includes all the cases of primary santral nervous system (CNS) lymphoma diagnosed by our Department of Pathology between 2006 and 2009. Age, sex, clinical presentation, and laboratory features analysis of the cases were conducted. Details regarding lymphadenopathy, organomegaly, and bone marrow were acquired to rule out the possibility of secondary involvement of a systemic lymphoma (Table 1). In addition, routine hematoxylin and eosin (H&E) staining (Figure 1, H&E X10; Figure 2, H&E X20) and special stainings and immunohistochemical analysis were performed using CD-20 (Figure 3, X10; Figure 4, X20) CD-45, CD-19, CD-3, CD-5, GFAP (Figure 5) and antibodies for typing these lymphomas. CD-10, MIB-1, and Bcl-6 were also used for some cases. Eighteen cases of primary CNS lymphoma were diagnosed. All cases were analyzed for imaging features and followed up for management in Neurosurgery, and Radiation and Medical Oncology.

Data from microscopical analysis were expressed as mean±standard error. The statistical analysis was performed by using Statistical Package for Social Sciences version 22 software (IBM Corp.; Armonk, NY, USA).

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Corresponding Author: Özben Yalçın
E-mail: ozbena@yahoo.com

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TABLE I. Descriptive characteristics distribution

		Min-Max	Mean±SD	
AGE		33-83	57.72±14.36	
		n	%	
Additional diseases	No	12	66.7	
	Yes	6	33.3	
	Hypertension	3	16.7	
	Cardiovascular disease	1	5.6	
	Cardiovascular disease, Diabetes mellitus	1	5.6	
	Cerebrovascular disease	1	5.6	
Complication*	Headache	10	55.6	
	Dizziness	3	16.7	
	Amnesia	3	16.7	
	Loss of consciousness	2	11.1	
	Speech impairment	3	16.7	
	Hemiparesis/paresis	6	33.3	
	Epilepsy	1	5.6	
	Central facial paralysis	2	11.1	
	Localization	Frontal lobe	1	5.6
		Frontal and parietal lobe	2	11.1
Parietal lobe		3	16.7	
Periventricular		6	33.3	
Posterior fossa		1	5.6	
Supratentorial		3	16.7	
Temporal and parietal lobe		2	11.1	
Stereotaxic biopsy	13	72.2		
Excision	5	27.8		
Radiotherapy	No	9	50.0	
	Yes	6	33.3	
	Ex	3	16.7	
Chemotherapy	No	11	61.1	
	Yes	4	22.2	
	Ex	3	16.7	

*Marked more than one option

Since the study was made from ready-made paraffin embedded blocks and slides in our lab archive, patient consent was not considered necessary.

Authors declared that the research was conducted according to the principles of the World Medical Association Declaration of Helsinki "Ethical Principles for Medical Research Involving Human Subjects", (amended in October 2013).

RESULTS

The study was conducted with a total of 18 cases diagnosed between 2006 and 2009. The age range of the patients was 33-83 years (average age was 57.71±14.36 years).

Six cases (33.3%) had additional diseases. Of the 6 cases, 3 had hypertension, one had cardiovascular disease, one had cere-

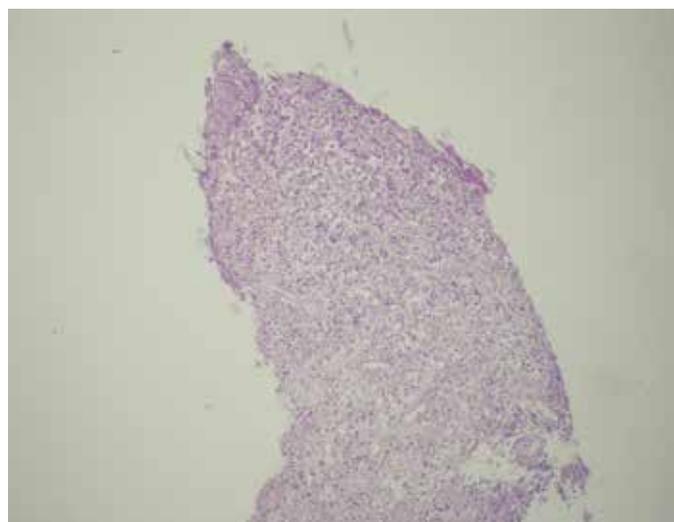


FIGURE 1. H&E X10

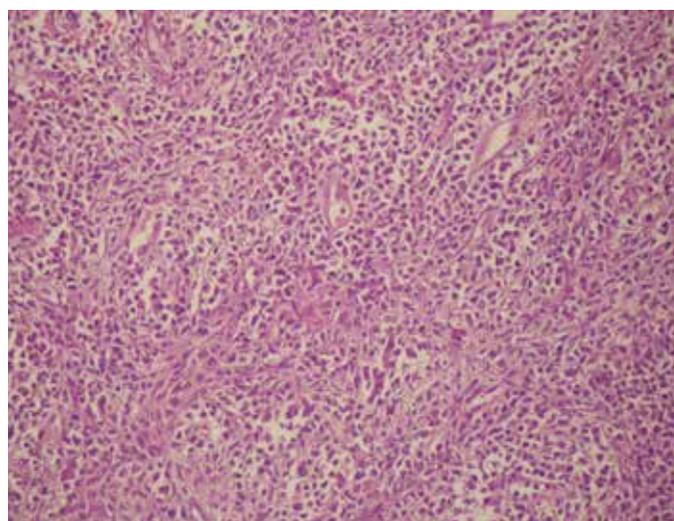


FIGURE 2. H&E X20

brovascular disease, and one had cardiovascular disease and diabetes mellitus.

The analysis of the clinical symptoms indicated that 55.6% (10) suffered from headache, 16.7% (3) from dizziness, 11.1% (2) from loss of consciousness, 16.7% (3) from speech impediment, 33.3% (6) from hemiparesis/paresis, 5.6% (1) from epilepsy, and 11.1% (2) from central facial paralysis.

The analysis of localizations was conducted in all patients and 5.6% (1) frontal lobe, 11.1% (2) frontal and parietal lobe, 16.7% (3) parietal lobe, 33.3% (6) periventricular, 5.6% (1) posterior fossa, 16.7% (3) supratentorial, and 11.1% (2) temporal and parietal lobe localizations were observed.

Stereotactic biopsy was performed in 13 cases (72.2%) while excision was performed in 5 cases (27.8%). Radiotherapy was applied in 33.3% (6) of the cases, and chemotherapy was applied in 22.2% (4) of the cases. Death occurred in 16.7% (3) of the cases.

Microscopic features: Histopathology showed that most cases exhibited a monomorphic population of lymphoid cells with

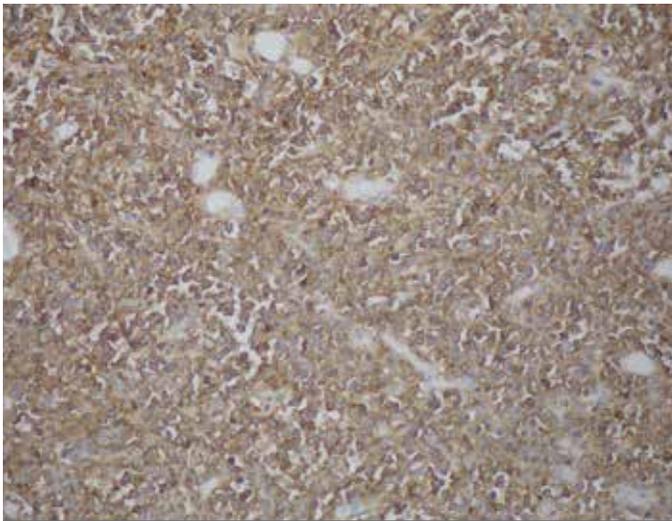


FIGURE 3. X10 (the tumor cells CD-20 positive)



FIGURE 5. X10 (the tumor cells GFAP negative)

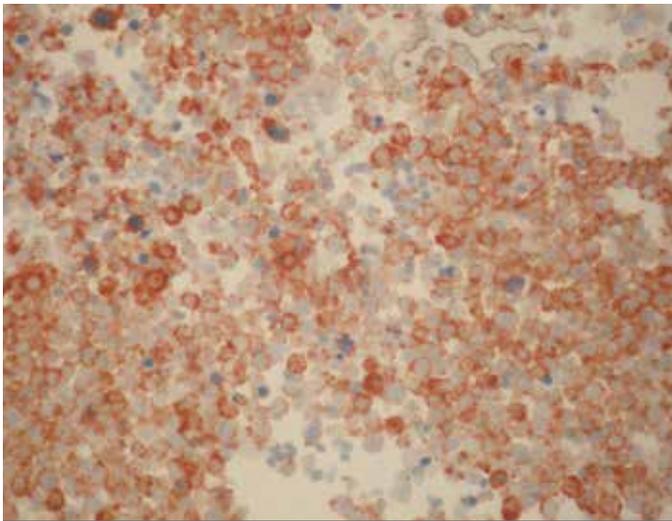


FIGURE 4. X20 (the tumor cells CD-20 positive)

areas of necrosis (Figure 1, 2). Individual cells were large with prominent nuclei.

Immunohistochemical profile: All cases were positive for CD-45, CD-19, and CD-20 (Figure 3).

Adjuvant Therapy

All patients were subjected to radio-chemotherapy after surgical decompression/stereotactic biopsy and histopathological/immunohistochemical diagnosis of lymphoma.

Follow-up was conducted jointly at the Tumor Clinic, which is managed by the Departments of Neurosurgery, Radiation Oncology, and Medical Oncology. Three patients died within 2 years. Four patients could not be followed up.

DISCUSSION

Primary central nervous system lymphoma is an uncommon tumor. The brain is an immunologically exclusive organ in the sense that it does not contain lymphatics or lymphoid tissue. Therefore, the origin of such a primary tumor is unclear. Hochberg et al. (4) argue that the clone of malignant systemic lymphocytes exhibiting distinct adhesion molecules and attaching themselves to certain proteins existing only in the CNS might be the pathogenesis.

The origin of PCNSL is quite unclear and therefore, it remains an obscure disease. One of the main risk factors of diseases such as PCNSL could be immunodeficiency-whether congenital or acquired. Farhangi et al. (5) report the case of a 2.5-year-old boy who suffered from autoimmune hemolytic anemia prior to PCNSL.

Studies indicate that there is a connection between Epstein Barr virus (EBV) and PCNSL in patients with HIV infection. However, no studies indicate a relationship between EBV and PCNSL in patients without HIV infection. The nature of the relationship between EBV and human lymphoma, whether it is causal or purely coincidental, remains a moot point (6). However, there has been an increase in the number of immunocompetent patients in the past few decades, and this increase has occurred independent of the developments in the field of neuroimaging or of the general aging of the population (7).

Brain biopsy remains the ideal technique for the diagnosis of PCNSL (8). High grade B-cell lymphomas comprise most of the PCNSL tumors, although a normal brain does not contain B-cells (9). The present case study is in accordance with the research conducted by Ablal et al. (1) According to that study, diffuse large B-cell lymphoma (DLBCL) is the most prevalent form, while anaplastic large cell lymphoma (ALCL), lymphoblastic lymphoma, and Burkitt-like lymphoma are forms with lower prevalence. All 18 cases were B-cell lymphomas with positivity for CD-20 and CD-19.

Psychiatric symptoms together with focal neurological deficiencies are one of the several clinical indications that might be detected in PCNSL patients among other things (6). The analysis of the clinical symptoms indicated that 55.6% (10) suffered from headache, 16.7% (3) from dizziness, 11.1% (2) from loss of consciousness, 16.7% (3) from speech impediment, 33.3% (6) from hemiparesis/paresis, 5.6% (1) from epilepsy, and 11.1% (10) from central facial paralysis.

Considering the good response of CNS lymphoma to chemoradiation, PCNSLs are regarded as non-surgical tumors, and it has been reported that there is no use in undertaking resection or decompression since PCNSL exhibits a diffuse infiltration pattern and is mostly observed in deep-seated locations (2).

CONCLUSION

The distinctive features of our study were: primary CNS lymphoma was observed in immunocompetent persons; none of our patients were immunocompromised or HIV positive; and raised ICP features and focal neurological deficits were the most prevalent clinical manifestations.

Ethics Committee Approval: Authors declared that the research was conducted according to the principles of the World Medical Association Declaration of Helsinki "Ethical Principles for Medical Research Involving Human Subjects", (amended in October 2013).

Informed Consent: N/A.

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