



- 1- How many patients received facet injection in the study performed by Özdoğan et al?
- 28
 - 30
 - 32
 - 34
 - 56
- 2 - According to the study by Özdoğan et al, which of the following inferences fully reveals the change in pain scores of the patients with lower back pain at the end of months 1 and 3?
- There was a statistically significant increase in the pain scores of the patients that received facet injection at postoperative month 1 compared to the patients that received facet denervation, and the scores became equal at month 3
 - There was no statistical difference in the pain scores between the patients that received facet injection and the patients that received facet denervation at postoperative month 1, and the scores were found to be equal at month 3
 - There was a statistically significant increase in the pain scores of the patients that received facet injection at postoperative month 1 compared to the patients that received facet denervation, and this difference continued at month 3
 - While the pain scores of the patients that received facet injection and the patients that received facet denervation at postoperative month 1 were statistically similar, the pain scores of the patients who received facet denervation decreased at month 3, while the scores of the patients who received facet injection increased.
 - None
- 3- In the study by Aksakal et al., which of the parameters related to spinal stenosis were detected to correlate with pain change?
- Lumbar lordosis angle
 - Disc degeneration amount
 - Antero-posterior canal diameter
 - Transverse diameter
 - None
- 4- Which pain scoring system was used in the study by Aksakal et al.?
- Japanese pain score
 - Visual analog score
 - Denis' disability score
 - Oswestry score
 - The Swedish Association of Rheumatology Pain score
- 5- In the study by Şahinoğlu et al., how many patients received bilateral decompression with unilateral laminectomy, and how many of them could be followed up?
- 14 of 24 patients
 - 12 of 18 patients
 - All 12 patients
 - 20 of 22 patients
 - 24 of 30 patients

6- In the study by Şahinoğlu et al., which of the following is the most important advantage of bilateral decompression with unilateral laminectomy?

- a) No need for experience
- b) No need for a microscope
- c) Not causing instability
- d) Positioning the patient in the decubitus position
- e) The instrumentation requirements

7- Which of the following is the approximate average postoperative VAS score determined in the study by Şahinoğlu et al.?

- a) 2
- b) 4
- c) 6
- d) 8
- e) 10

8- At which spine levels are anterior object interfusion cages mostly used, mentioned in the review article by Burç et al.?

- a) T10–12
- b) T12–L1
- c) L1–2
- d) L2–3
- e) L2–5

9- For anterior object interfusion cages mentioned in the review article by Burç et al., which of the following is not a relative contraindication?

- a) Spondylitis/spondylodiscitis with a large paravertebral soft tissue mass or psoas abscess
- b) Previously having had an ALIF operation at the same level
- c) The presence of abdominal diseases (such as Crohn's, ulcerative colitis)
- d) High-grade spondylolisthesis or spondyloptosis
- e) An inappropriate course of the common iliac vein close to the left lateral of the L4–5 disc level

10- Which is not the most common complication of the application of anterior object interfusion cages mentioned in the review article by Burç et al.?

- a) Femoral nerve injury
- b) Cage subsidence
- c) Postoperative hernia
- d) Postoperative ileus
- e) Iliac vein thrombosis

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CORRECT ANSWERS OF CME QUESTIONS:

- | | |
|------|-------|
| 1. c | 6. a |
| 2. c | 7. c |
| 3. b | 8. a |
| 4. d | 9. c |
| 5. e | 10. d |