

# MORPHOMETRIC CHARACTERISTICS OF HUMAN VERTEBRAL COLUMN WHICH HAS NUMERICAL VARIATION

Mehmet ÇİMEN\*, Hasan ELDEN\*\*, Sıtkı PERÇİN\*\*\*

## ABSTRACT

Recent developments in surgical interventions and increasing popularity of using implants in lower thoracal and lumbar vertebrae have necessitated more detailed knowledge of anatomical and morphometric characteristics of these structures. Here we present a 22-year-old male skeleton that has 25 presacral vertebrae (PSV). The skeleton has thoraco-lumbar (TL) vertebrae with a numerical variation of vertebral column, and we discuss morphometric characteristics of his lower thoracal and lumbar vertebrae.

**Key words:** Human vertebral column, Numerical variaton, Vertebral morphometry

## ÖZET

### SAYISAL VARYASYON GÖSTEREN İNSAN VERTEBRAL KOLONUNDA MORFOMETRİK BİR ÇALIŞMA

Alt torakal ve lumbar vertebral cerrahideki gelişmeler ve implantasyon sayısındaki artma, bu bölgelerin anatomik ve morfometrik özellikleri hakkında daha çok bilgiyi gerektirmektedir. Bu olguda, 25 Presakral vertebra (PSV)'ya sahip 22 yaşında bir erkek iskelete ait vertebral kolonun sayısal varyasyon (artış) gösteren Thoracolumbar (TL) vertebra ile, alt torakal ve lumbar vertebraların morfometrik özellikleri ortaya konmuştur.

**Anahtar Sözcükler :** İnsan omurgası, Sayısal varyasyon, Omur morfometrisi.

## INTRODUCTION

For improvement of spinal instrumentation and implantable devices, accurate description of anatomical shape of vertebrae is required. As the authors' take interest in spinal instrumentation and fixation devices, need for more detailed morphometric and anthropometric data other than existing literature has appeared. As vertebrae have variable characteristics, it is especially important to have detailed knowledge of vertebral anatomy and

morphometry in choosing appropriate surgical technique and implant (1,2,3,15).

The popularity of the instrumentation techniques of vertebral column, especially of lower thoracal and lumbar vertebrae increased greatly (8,16,17,18,19). Presenting this case here, we aimed at describing the morphometric characteristics of the vertebrae with numerical variation (increase), and lower thoracal and lumbar vertebrae in a vertebral column with 25 PSV (C7,T12,TL,L5) (4). As far as we know, this is an

\* Cumhuriyet University, Faculty of Medicine, Department of Anatomy, Sivas

\*\* Cumhuriyet University, Faculty of Medicine, Department of Physical Medicine and Rehabilitation, Sivas

\*\*\* Cumhuriyet University, Faculty of Medicine, Department of Orthopaedics and Traumatology, Sivas

extremely rare case as morphometric values presented in the literature are about vertebral columns with 24 PSV (C7,T12,L5).

**MATERIAL AND METHOD**

In this case, a 22-year-old male skeleton, which was transferred to the Bone Laboratory at Cumhuriyet University Faculty of Medicine Department of Anatomy, was determined to have 25 PSV in his vertebral column, and morphometric characteristics of his lower thoracal (T11-12), thoraco-lumbar (TL) and lumbar (L1-5) vertebrae are elucidated (Figure1).

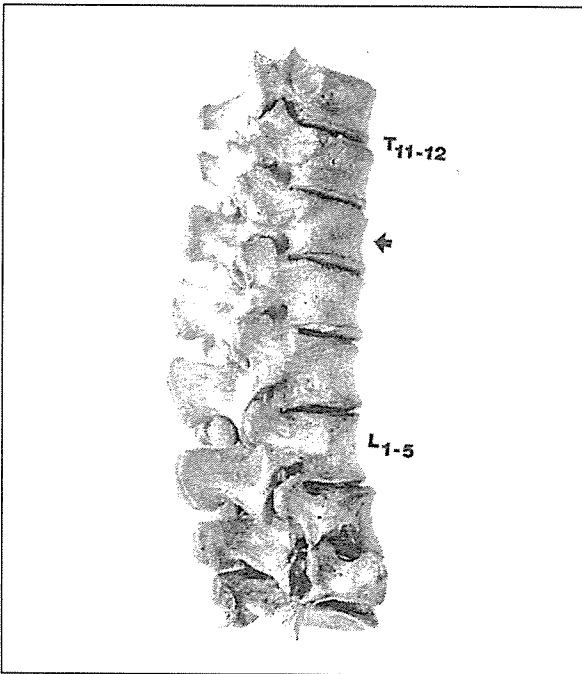


Figure 1. The right lateral aspect of the lower thoracal ( T11-12), thoraco-lumbar (arrow) and lumbar vertebrae ( L1-5).

By using methods developed by Berry et al.(3), and Şakul et al.(20), 30 measurements of each vertebra were performed (Figure. 2, 3 and 4).

A digital vernier calliper took length measurements, and the measurements were recorded in millimeters. Angular measurements were taken with a goniometer. The measures were determined in the Laboratory of Sivas Technical Training College (TTC).

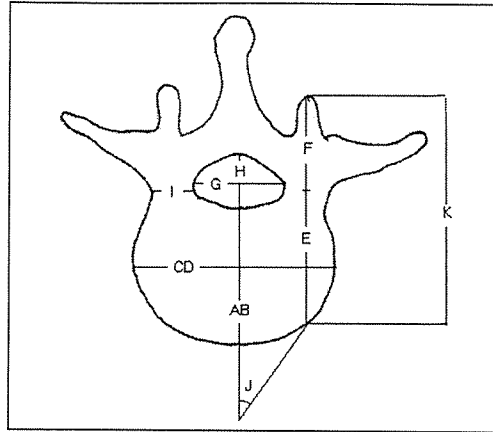


Figure 2. Description of vertebral measurements from the superior-inferior aspect. Sagittal body lengths (A=upper, B=lower); transverse body lengths (C=upper, D=lower); vertebral body length along the pedicle angle (E<sub>1</sub>=right, E<sub>2</sub>=left); pedicle lengths along the pedicle angle (F<sub>1</sub>=right, F<sub>2</sub>=left); vertebral canal diameters (G=transverse, H=sagittal);transverse diameter of pedicle (I<sub>1</sub>=right, I<sub>2</sub>=left); pedicular angles (J<sub>1</sub>=right, J<sub>2</sub>=left); vertebral lengths along the pedicle angle (K<sub>1</sub>=right, K<sub>2</sub>=left).

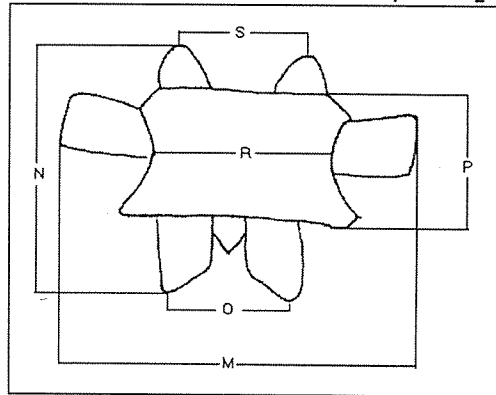


Figure 3. Description of vertebral measurements taken from antero-posterior aspect. Transverse vertebral length (M); vertebral heights (N<sub>1</sub>=right, N<sub>2</sub>=left); distance between inferior articular processes (O); lateral heights (P<sub>1</sub>=right, P<sub>2</sub>=left); transverse body length on midline (R); distance between superior articular processes (S).

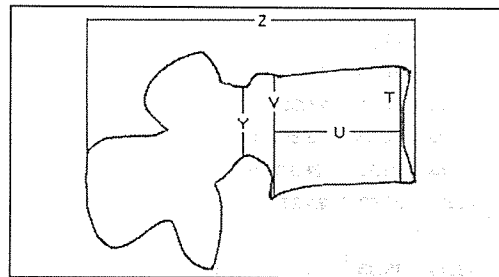


Figure 4. Description of vertebral measurements taken from sagittal aspect. Anterior height (T); sagittal body length on midline (U); posterior height (V); vertical diameter of pedicle (Y); sagittal vertebral length (Z).

**RESULTS**

The morphometric characteristics of lower thoracal (T11-T12), thoraco-lumbar (TL), and lumbar (L1-5) vertebrae are shown in Table 1.

Table 1. The morphometric characteristics of lower thoracal (T11-T12), thoraco-lumbar (TL), and lumbar (L1-5) vertebrae (as millimeters)

	T11	T12	TL	L1	L2	L3	L4	L5
A	26.27	27.24	28.63	30.37	30.64	30.81	31.39	30.14
B	26.78	28.12	29.45	29.93	30.54	32.03	31.82	32.42
C	35.00	38.57	40.59	42.42	43.30	47.39	49.41	53.13
D	38.48	40.51	42.85	46.18	50.04	51.41	51.93	50.81
E								
E <sub>1</sub>	28.31	29.91	30.40	31.66	33.85	32.43	32.03	32.38
E <sub>2</sub>	29.48	31.46	31.31	32.81	32.31	31.34	32.26	31.26
F								
F <sub>1</sub>	27.93	24.13	24.02	23.62	25.70	25.76	22.42	20.38
F <sub>2</sub>	28.10	25.33	23.67	23.24	25.94	25.61	24.21	20.76
G	18.01	20.01	21.95	21.50	20.85	21.81	23.60	28.06
H	16.49	17.16	16.40	15.06	13.97	13.31	14.66	14.57
I								
I <sub>1</sub>	7.51	7.04	9.87	8.60	10.28	13.82	14.84	22.80
I <sub>2</sub>	6.68	6.37	9.80	9.05	9.51	12.48	14.16	20.07
J								
J <sub>1</sub>	18.50	19.50	20.00	20.00	20.00	21.00	20.00	21.00
J <sub>2</sub>	19.00	19.50	20.00	19.50	19.50	21.00	20.00	21.00
K								
K <sub>1</sub>	56.24	54.07	54.42	55.28	59.55	58.19	54.45	52.76
K <sub>2</sub>	57.58	56.79	54.98	56.05	58.25	56.95	56.47	52.02
M	53.06	47.37	45.67	70.21	83.81	95.44	83.29	92.52
N								
N <sub>1</sub>	37.99	41.87	44.37	47.55	47.65	43.48	41.73	38.49
N <sub>2</sub>	37.82	41.86	43.26	47.57	45.49	43.08	37.83	37.19
O	34.96	25.56	24.99	24.16	26.46	34.51	45.36	50.79
P								
P <sub>1</sub>	22.66	23.21	23.58	23.94	24.02	24.81	27.21	24.18
P <sub>2</sub>	21.42	22.74	24.52	24.18	24.76	26.57	27.09	24.42
R	32.66	35.31	37.18	39.37	41.01	42.42	43.64	45.36
S	27.21	27.69	28.70	27.35	27.51	30.48	37.55	42.91
T	22.87	20.95	22.38	23.88	25.27	26.32	25.74	25.81
U	25.26	26.23	26.00	26.90	28.14	29.08	29.99	28.57
V	21.90	23.63	24.97	26.25	27.56	25.57	24.96	20.74
Y								
Y <sub>1</sub>	16.45	15.33	15.33	14.80	14.69	13.77	12.44	11.60
Y <sub>2</sub>	15.68	17.47	15.17	15.14	14.08	14.28	12.45	16.89
Z	67.54	67.43	70.09	77.24	77.73	77.29	74.42	70.31
1= right	2= left							

**DISCUSSION**

Regarding these characteristics, some morphometric measures used in vertebral surgery are discussed below.

In some vertebrae (T11, L3-5) the anterior height of the corpus (T) was greater than the posterior height (V). On the contrary, in other vertebrae (T12, TL, L1,2) the posterior height (V) was greater than the anterior height (T). That, the anterior height of the L5 (T) was greater than the posterior height of it (V) was consistent with the results of Nissan and Gilad (12,13), Gilad and Nissan (5), Berry et al. (3), and Şakul et al. (20). On the other hand, the characteristics of T11 was antipodal to the one stated in the previous papers as they have found the posterior height to be greater than the anterior height.

In vertebral surgery, as pedicles may be involved in screw fixation, a detailed knowledge of pedicular morphometry and a perfect match between the screw and the pedicle is very important (6,7,10). From this starting point, we evaluated these characteristics below.

The pedicular vertical diameters (Y<sub>1</sub>,Y<sub>2</sub>) decreased regularly towards downward from T11 to L5. This finding is consistent with the result of Zindrick et al.(21,22), whereas it contradicts to the studies of Berry et al. (3), and Şakul et al (20).

The pedicular transverse diameters (I<sub>1</sub>,I<sub>2</sub>) were irregular at the levels of lower thoracal vertebrae and L1, being the least at T12. The transverse diameters gradually increased from L2 to L5, being the maximum at the L5 level. This gradual increase at the lumbar levels was consistent with the findings of Krag et al. (8,9), Berry et al (3), Moran et al (11), and Şakul et al (20). Transverse pedicular diameter was found to be decreased from T11 to L1, however in our case, there was an irregularity.

That the transverse diameter (G) of the vertebral

canal increased from T11 to L5, while the sagittal diameter (H) remained unchanged was reported in the study of Şakul et al (20), which is almost identical to the results of Amonoo-Kuofi (1,2). In this case, it could also be possible to talk about an increase in the transverse diameter excluding the TL vertebrae. However, this was disturbed by the TL vertebrae, which in turn emphasises the importance of discussing this case. Pineau and Delmas (14) have reported that the sagittal diameter of vertebral canal decreased from L1 to L4 and increased at the level of L5 vertebrae. The sagittal diameter was irregular in our case.

Transverse vertebral length (M) was another point, where another characteristic affected by the presence of TL vertebra, was observed. Şakul et al (20) reported this value to be the lowest at T12, a significant increase at L1 and a steady increase from L1 to L5. Our case was consistent with the others excluding the TL vertebra. TL vertebra perverted the consistency by the shortest transvers length, however other characteristics except this were parallel with Şakul et al's (20) study results.

Pedicular angle ( $J_1$ ,  $J_2$ ) values were measured to be the lowest at T12 and the biggest at L5 by Şakul et al (20) in the same way. Excluding the TL vertebra, measurements of our case was parallel to these. However presence of TL vertebra discorded with this.

There was an increase in upper (C) and middle (R) transverse diameters of the corpus (CRD) from T11 to L5, while the lower diameter (D) was decreasing at L5. Upper (A) and middle (U) values of the sagittal diameter (AUB) were progressing as the lower (B) transverse diameter. The lower part of the sagittal diameter (B) was observed to increase from T11 to L5 except the TL vertebra. This is also one of the striking differences between the normal and abnormal vertebra with numerical variation. Şakul and et al. (20) also determined an increase in transverse and sagittal diameters of the corpus from T11 to L5.

In conclusion, the previous studies related to morphometry of the vertebrae were thought to be useful in cases like tumours, trauma and vertebral destruction, which can give harm to the integrity of the vertebrae. However, these reports are about vertebral columns with 24 PSV (C7, T12, L5). This extremely rare case has brought up the necessity of taking into consideration the existence of a vertebra which shows numerical variation in a vertebral column with 25 PSV (C7, T12, TL, L5). So we are of the opinion that this case will contribute further to the previous studies on this subject.

#### REFERENCES

- 1.Amonoo-Kuofi HS: Maximum and minimum lumbar interpedicular distances in normal adult Nigerians. *J Anat* 1982; 135: 225-233.
- 2.Amonoo-Kuofi HS: The sagittal diameter of the lumbar vertebral canal in normal adult Nigerians. *J Anat* 1985; 140: 69-78.
- 3.Berry JL, Moran JM, Berg WS, Steffee AD: A morphometric study of human lumbar and selected thoracic vertebrae. *Spine* 1987; 12: 362-367.
- 4.Çimen M, Elden H: Numerical variations in human vertebral column: a case report. *Okajimas Folia Anat Jpn* 1999; 75(6): 297-303.
- 5.Gilad I, Nissan M: Sagittal evaluation of elemental geometrical dimensions of human vertebrae. *J Anat* 1985; 143: 115-120.
- 6.İslam C, Şakul BU, Güzel MB: Real minimal diameter of the lower thoracic and lumbar vertebral pedicles. *Clin Anat* 1994; 7: 271-274.
- 7.İslam C, Güzel MB, Şakul BU: Clinical importance of the minimal cancellous diameter of lower thoracic and lumbar vertebral pedicles. *Clin Anat* 1996; 9: 151-154.
- 8.Krag MH, Beynon BD, Pope MH, Frymoyer JW, Haugh LD, Weaver DL: An internal fixator for posterior application to short segments of the thoracic, lumbar

or lumbosacral spine. *Clin Orthop* 1986; 203: 75-98.

9.Krag MH, Weaver DL, Beynnon BD, Haugh LD: Morphometry of the thoracic and lumbar spine related to transpedicular screw placement for surgical spinal fixation. *Spine* 1988; 13: 27-32.

10.Maillot C, Wolfram-Gabel R: Pedicles of lumbar vertebrae. *Surg Radiol Anat* 1993; 5: 295-300.

11.Moran JM, Berg WS, Berry JL, Geiger JM, Steffee AD: Transpedicular screw fixation. *J Orthop Res* 1989; 7: 107-114.

12.Nissan M, Gilad I: The cervical and lumbar vertebrae: An anthropometric model. *Eng Med* 1984; 13: 111-114.

13.Nissan M, Gilad I: Dimensions of human lumbar vertebrae in the sagittal plane. *J Biomech* 1985; 19: 753-758.

14.Pineau H, Delmas A: Variations of the spinal canal diameter and lumbar vertebral numerical variation. *Arch Anat Pathol* 1969; 17 (4): 269-273.

15.Postacchini F, Ripani M, Carpano S: Morphometry of the lumbar vertebrae: an anatomic study in Two Caucasoid Ethnic Groups. *Clin Orthop* 1983; 172: 296-303.

16.Roy-Camille R, Saillant G, Mazel C: Internal fixation of the lumbar spine with pedicle screw plating. *Clin Orthop* 1986; 203: 7-17.

17.Roy- Camille R, Saillant G, Mazel C: Plating of thoracic, thoracolumbar and lumbar injuries with pedicle screw plates. *Orthopaedics Clin North Am* 1986; 17: 147-159.

18.Steffee AD, Biscup RS, Sitkowski DJ: Segmental spine plates with pedicle screw fixation. *Clin Orthop* 1986; 203: 45-53.

19.Steffee AD, Sitkowski DJ, Topham LS: Total vertebral body and pedicle arthroplasty. *Clin Orthop* 1986; 203: 203-208.

20.Şakul BU, Güzel B, İslam C, Köse SK: Morphometry of lower thoracic and lumbar vertebrae (A clinico-anatomical study). *Giornale Italiano Orthop Traumatol* 1996; XXII (2): 252-260.

21.Zindrick MR, Witse LL, Widel EH, Thomas JC, Holand WR, Field BT, Spencer CW: A biomechanical study of intrapeduncular screw fixation in the lumbosacral spine. *Clin Orthop* 1986; 203: 99-111.

22.Zindrick MR, Wiltse LL, Doornick A, Widel EH, Knight GW, Patwardhan AG, Thomas JC, Rothman SL, Fields BT: Analysis of the morphometric characteristics of the thoracic and lumbar pedicles. *Spine* 1987; 12: 160-166.

**Corresponding Address:**

Mehmet ÇİMEN

Cumhuriyet University,

Faculty of Medicine,

Department of Anatomy,

58140- Sivas

e-mail: mcimen@cumhuriyet.edu.tr