

Cremation Challenge Under Coronavirus Disease-2019

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Dear Editor,

World Health Organization declared Coronavirus disease-2019 (COVID-19) a pandemic on 11/3/2020. The number of COVID-19 infected cases exceeded 12 million worldwide, and 570 thousand of them were died by 4 months after the declaration. Previously a taboo subject, death is now a topic of ordinary conversation under COVID-19.

Geriatricians are now used to the fact that older persons with comorbidities were the most likely to die from COVID-19 (1), and deceased relatives are now finding no place for burial under the sudden surge in demand. Cremation becomes the trend (2), yet its safety issue on medical implants warrant attention by caring practitioners. Despite seldom implanting medical devices to patients, geriatricians are familiar with potential contraindications to cremation, such as pacemaker and radioactive implants, as we are used to accompanying patients' last journey.

Pacemaker, including implantable cardioverter-defibrillator, is an electronic device that saved millions of lives since its inventory more than half a century ago (3). Indications of a pacemaker are not uncommon among geriatric patients, including symptomatic bradycardia, long QT syndrome, advanced 2nd or 3rd-degree heart block, and certain types of cardiomyopathy (4). For the internal type of pacemaker installed through subcutaneous implantation, it could be easily inspected or palpated upon physical examination over the chest wall, or on basic chest radiography (Figure 1). Being an electronic device with a battery *in situ*, the pacemaker runs the risk of explosion upon burning in the cremator, in which the risk is even higher with advancing battery design (5).

Radioactive sources are sometimes implanted into the body as a local cancer treatment in modern medicine. Examples are gold-198 (Au^{198}), iodine-125 (I^{125}), iodine-131 (I^{131}),

radium-223 (Ra^{223}), and yttrium-90 (Y^{90}), which are used as radiopharmaceuticals for head and neck (Figure 2), lung, prostate, cervix cancer, hepatocellular carcinoma, or choroidal melanoma etc. Most of the above mentioned are of short half-lives of less than 15 days, except I^{125} which has a half-life of 60 days. Prostate implant with radioactive I^{125} was gaining popularity in the last few decades, and its radiation risks towards staff for patients or persons living close to patients are well addressed. Although cremation of radiation seeds poses minimal harm to the public after dilution by air, it carries some risks to those handling the cremated remains (6). In general, cremation

Chest radiography in anteroposterior view

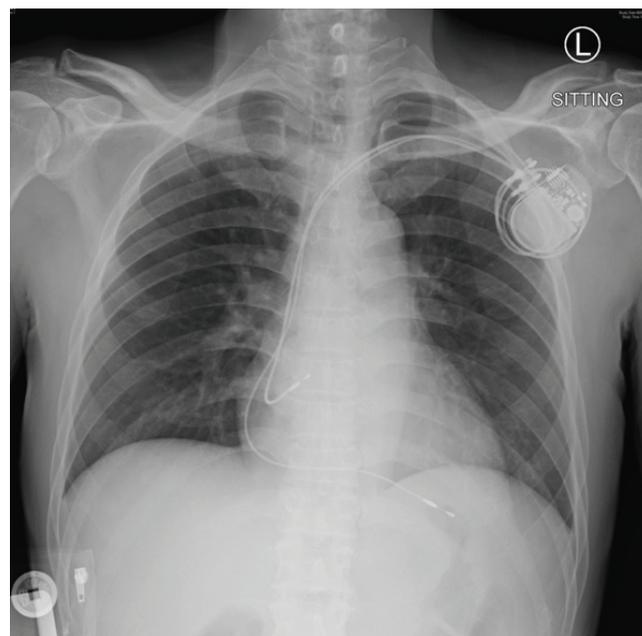


Figure 1. Pacemaker battery and main bulk was seen below the left clavicle, with electrode leads placed at AV node and ventricle

AV: Atrioventricular

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Computed tomography scan of the orbit in transverse cut

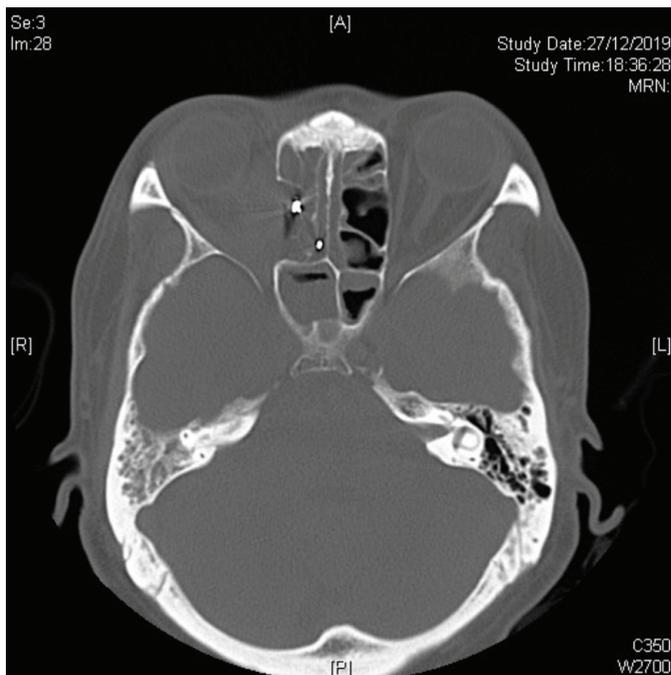


Figure 2. Two radiopaque radioactive seeds (with streak artifacts) were seen at the level of ethmoid sinus, they were implanted for metastatic sinus sarcomatoid carcinoma after repeated surgery and external beam radiotherapy

is contraindicated to bodies with the radioactive implants, and burial is suggested or even required by local legislations. Different countries have different restrictions on burial timing, and usually 10-15 half-lives are required for patients with long-lasting radioactive source implantation, e.g. ~24 months for the ^{125}I mentioned above.

Last but not least, gold weight implant is sometimes explanted from the deceased before cremation (Figure 3), not of safety but for financial concern. Patients who suffered from paralytic lagophthalmos, mainly from facial nerve palsy, would benefit from gold weight implantation over the upper eyelid to correct the lagophthalmos, thus preventing exposure keratopathy (Figure 4). Standard eyelid gold weight ranges from 1-2.5 gram, which values differently towards deceased relatives.

In conclusion, cremation demand is increasing under COVID-19. Implanted electronic devices like pacemaker, and radioactive implants warrant removal from the dead body before proceeding to safe cremation.

Keywords: Cremation, coronavirus, pacemaker, radiopharmaceuticals, computed tomography

Ethics

Peer-review: Externally and internally peer-reviewed.

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Clinical photo of an explanted gold weight from eyelid



Figure 3. The gold weight was in curved shape conforming the shape of the normal eyelid. There are few 1 mm sized holes on top for suture needle to pass intra-operatively

Computed tomography scan of the orbit in transverse cut

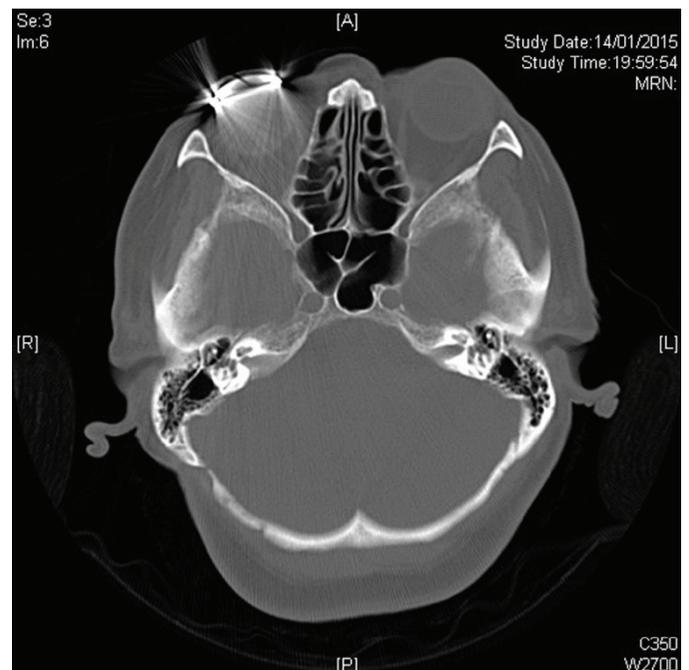


Figure 4. Right upper lid gold weight was *in situ* causing significant streak artifact

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